VILLAGE BREEZE

AUGUST/SEPTEMBER 2020



Recreation + Transportation + News - Services - More



MemorialCare now has a dedicated phone line available exclusively for Laguna Woods residents. The 24/7 phone line is staffed by a concierge team at our navigation center who can assist residents with their healthcare needs.

Call our Laguna Woods Concierge Navigation Center to:

- Speak to a Telephone Advice Nurse for answers to your healthrelated questions
- Schedule appointments with your primary care physician
 - > In-home
 - > In-office
 - > Virtual visits
- Get connected to hospital services

- Schedule transportation to doctor's appointments
- Set up your devices for your virtual health visit
- Find a pharmacy home delivery option
- Ask questions about Medicare
- Register for a community education class



RECEIVE A FREE GOURMET COFFEE GIFT CARD!

The first 1,000 people to fill out our survey at memorialcare.org/LagunaWoods will receive a free \$5 gift card.



memorialcare.org/LagunaWoods

Same-day appointments are available!

Patient caregivers are welcome at our hospitals and outpatient center.



LETTER FROM THE EDITOR

KEEP CALM AND HAVE A NICE DAY

Our times continue to conjure a profound quote: "Keep Calm and Carry On." Of course, our city hasn't experienced London's WWII's Blitz terror, but the collective, continuing effects of COVID-19 leave us feeling edgier and more tired and stressed for longer than is healthy mentally or physically.

To stanch this sapping of our strength, maybe we all can tweak this phrase to "Be Kind and Carry On" as a small reminder to pause before reacting, give the benefit of the doubt and tread kindly when interacting with our fellow humans. We all could use heaping doses of kindness and understanding in the best of times, and we sure could benefit from them now. On page 30 of this issue, you'll find a new department, Community Connected, which highlights acts of kindness in the Village. By themselves, they might seem like small things, but collectively, and to the folks on the receiving end, they can make someone's day, week or month—and mean the world.

Also, many of us might be feeling a "Stay Cool and Carry On" vibe. Keep cool during our hottest months with tips and resources on page 4.

Did you know one of your neighbors is a Golden Globe-winning actor, prolific writer and great-nephew of Admiral William "Bull" Halsey? On page 10, get to know this Hollywood hero and staunch proponent of Village life.

I have a love-hate relationship with contests. I love them because they get readers excited and involved in what hopefully is a fun, challenging and fulfilling activity. I hate them because choosing among all the myriad wonderful entries is always a challenge. Regardless, starting on page 16, I'm thrilled to share residents' thoughtful and creative submissions to our haiku and photo contest.

Also, enjoy content on savvy senior discounts, virtual recreation and diversions, and much more.

We continue our use of links that look like this: bit.ly/123XYZ. To view the referred content, simply type the bit.ly address into your browser search bar, and hit Return.

Until we meet again, keep calm, be kind and stay cool!

Ellyce Rothrock, Editor

ellyce.rothrock@vmsinc.org



This month's cover image is the first-place photo winner from our haiku/photo contest. The pair of mallards resting was taken by Jerry Sears.



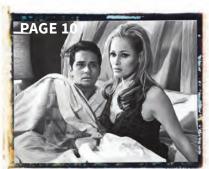
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- Vintage Hollywood to Village Heaven
 Golden Globe-winning actor, prolific writer and Admiral William
 Halsey's great-nephew Brett Halsey can't think of "any other
 place I'd rather live at this time in my life."
- 16 Insights and Images
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VILLAGE BREEZE

THE OFFICIAL MAGAZINE OF LAGUNA WOODS VILLAGE

AUGUST/SEPTEMBER 2020

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Unsolicited manuscripts and content suggestions are welcome for possible future use in the Village Breeze or other VMS publications. Acknowledgement of unsolicited manuscripts is in no way a suggestion or guarantee of publication.

Submit concise editorial ideas as a one-page letter accompanied by recent writing samples to info@lagunawoodsvillage.com or to Village Breeze, 24351 El Toro Road, Laguna Woods, CA 92637. Include your full name, phone number, email address and manor number. To receive a copy of the Laguna Woods Village Style Guide and editorial guidelines, email info@lagunawoodsvillage.com.

Submissions will not be returned.

Village Breeze reserves the right to edit any and all content for clarity, accuracy, space and tone and correct grammar, spelling and usage.

Only Village Breeze staff and its advisors prepare and assign editorial content. No contributor or agent may promise content, or content placement within Village Breeze, to any individual, group, business, organization or entity.

WHATS UP IN THE VILLAGE

KEEP COOL DURING HOT TEMPS

We're in the throes of summer now. Beat the heat and stay safe with these tips.

- Remain hydrated. The standard suggestion is to aim to drink six to eight cups of water per day more if you intend to spend much time out in the sun. Invest in a water bottle you can bring on excursions and refi ll when necessary. Don't depend on your body to tell you when you're thirsty. Older adults become less aware of their thirst as they age. Be proactive in staying hydrated and drink water, sports drinks or juicesoda, coff ee and alcohol are not good hydration alternatives.
- **Keep outdoor activity short.** Don't overdo outdoor chores or exercise—or plan to spend the whole day out in the sun. The sun's effects aren't always readily apparent in the moment, so stick to a couple hours and then head inside for a break. Try to stay covered and cool in a shaded area if you can.
- **Check the forecast.** Don't get caught unawares on a day that peaks at 104 degrees. Always know what to expect from the weather so you can dress appropriately and plan your day accordingly. Plans should allow for an easy escape from the outdoors when heat becomes extreme.
- **Keep sunscreen handy.** Carry sunscreen in a purse, a backpack, a car or anywhere else you're likely to have it when you need it. If reapplication will be necessary at some point, set an alarm on your smartphone or digital watch. For more information about skin cancer prevention, visit bit.ly/3dz8oR3.



- Check prescription side effects. Some medications can increase sun sensitivity. Check yours to know whether you should take extra precautions while outdoors.
- Wear loose-fitting, light fabric (and color) clothing.
- **Don't forget pet care.** Provide plentiful water at home and on the go during drives, walks or hikes. Never leave pets in your car.
- Do not rely exclusively on indoor fans. If you do not have air conditioning, seek activities inside air-conditioned buildings.
- Try not to use your oven or stovetop to cook. Eating cold dishes, salads, sandwiches, fruit, etc., doesn't generate extra heat in your household.

People 65 and older, and those with chronic diseases or mental illness, are at a higher risk for heatstroke. Symptoms include throbbing headache, dizziness and light-headedness; lack of sweating; red, hot and dry skin; muscle weakness or cramps; nausea and vomiting; rapid heartbeat; rapid or shallow breathing; confusion, disorientation or staggering; seizures; and unconsciousness. If you are experiencing any of these symptoms, call 911 For more information about heat-related illness from the Centers for Disease Control and Prevention, visit bit.ly/3hWnGTe.

HOW TO IDENTIFY MOSQUITO IMPOSTORS

There's no denying that crane flies, midge flies and fungus gnats are very annoying, but they're not mosquitoes. These pests don't bite, but they sure are a pain. Here's how to tell them apart.

Crane Fly • •

- Cannot bite
- Develops in moist soil or water
- Doesn't fly well
- Larger than a mosquito (about 1.5 to 2 inches long)

Midge Fly • •

- Cannot bite
- About the same size as a mosquito; body longer than wings
- Develops in water with mosquitoes
- Often seen in large numbers on exterior walls and window screens

Fungus Gnat •

- Cannot bite
- Spiny legs
- Develops in fungus or moist, decaying vegetation
- About the same size as a mosquito





If these pests become a nuisance, residents can submit a tip online at ocvector.org/submit-a-tip or call 714-971-2421 and the Orange County Mosquito and Vector Control District will assess the issue. For more information on mosquitoes and their look-alikes, visit ocvector.org/invertebrates-insects.



Tennis Center Makeover Underway

Early June marked the start of Phase 1 of Tennis Center improvements, which consist of such tennis clubhouse interior improvements as the replacement of existing tile, fixtures, paint and doors. Phase 2 will consist of exterior improvements, including new walkway areas, retaining walls, seating areas and new fencing. Phase 3 is scheduled to start by the end of August, and will include the installation of a new HVAC system for the tennis building.

The entire project is expected to be completed by early October.



Got cabin fever? Why not go for a drive? Stay safely in your car, take in beautiful scenery and enjoy some good eats along the way. Visit bit.ly/3ec5a6g for SoCal drives and dining. Eateries may have limited capacity due to COVID-19.



WHATS UP IN THE VILLAGE



THE RIGHT WAY TO RECYCLE

It's always a good time to be reminded of exactly what goes in the recycle bin.

Recycle

- Plastic bottles and containers (1-7)
- Aluminum cans and foil
- Dairy and juice cartons
- Glass bottles and jars
- Cardboard
- Paperboard
- Paper bags
- Phone books
- Tin and steel cans
- Magazines and newspapers
- Office paper and junk mail

Do not recycle

- Food-soiled paper and cardboard
- Hazardous waste
- Electronic waste
- Construction waste
- Polystyrene
- Clothing
- Medicine and sharps
- Used napkins
- Used paper towels
- Plastic and metal hangers
- Green waste

Do not recycle or place in trash

Call Laguna Woods City Hall at 949-639-0500 regarding disposal of the materials listed below.

- Hazardous waste
- Electronic waste
- Construction waste
- Medicine and sharps
- Household cleaners
- Automotive products
- Garden chemicals
- Miscellaneous household materials

- Batteries, including golf cart/ car and vehicle batteries
- Flammable and combustible materials
- Paint products
- Mercury-containing items
- Fluorescent tubes and compact fluorescent lamps
- Universal waste

To view the City of Laguna Woods waste disposal flyer, visit bit.ly/2Z0e5lD. To view the Laguna Woods Village flyer, which also contains information about bulky-item pickup, 2020 trash collection dates and more, visit bit.ly/2Z0Q2mx.



PICKING UP THE CLIP

On Fridays, Landscaping
Department staff pick up
garden clippings throughout
the community. Please place
green waste in a pile near
the curb each Friday by
7 a.m. Do not include trash
or nongreen waste.

- Call Resident Services at 949-597-4600 prior to 5 p.m. the prior Thursday to ensure pickup
- Place clippings by curb for quick crew pickup
- Do not block the sidewalk with green waste

GATE 11 Is Complete

Gate 11 construction, which included installation of new access-control gates, surveillance cameras and RFID readers to increase vehicle access and improve traffic flow, was completed ahead of schedule (previously estimated for September completion).



LAUNDRY ARE FOR LAUNDRY

While safe at home, many of us look at this time as the perfect opportunity to clean and also purge unwanted or unnecessary possessions. However, it's important to remember to get rid of these items the proper way. So that our laundry rooms remain clean and tidy for all to use, please do not deposit any discarded or for-donation personal items in any laundry space.



HOW TO HANDLE TOO-CLOSE **URBAN WILDLIFE**

Living with urban wildlife of all kinds is the norm in our community. However, residents who encounter our natural neighbors, such as covotes, raccoons and snakes, that are a bit too close for comfort, can contact Laguna Beach Animal Services, which will dispatch an animal control officer to the scene.

Residents can call the Laguna Beach Police Department at **949-497-0701** and press 0 to be connected with dispatch. For more information, read "Wildlife and You" at bit.ly/2Nm9MLQ, courtesy of LBPD Animal Services, or visit the City of Laguna Beach Animal Services webpage at bit.ly/3etXD3o.



RAISING CERTAIN ISSUES WITHIN YOUR MUTUAL

In an active and diverse community like Laguna Woods Village, challenges will arise that require attention. Some specific issues that have a relatively simple answer or require more immediate attention are best addressed by contacting Resident Services during normal business hours (9 a.m. to 5 p.m. Monday through



Friday at **949-597-4600**) or Security after hours and on weekends (**949-597-1400**).

Wider-reaching issues concerning policies, signage, bare-slope replanting and other topics that affect the mutual or community at large may be better handled via other means. Your mutual's board of directors is elected to serve all residents and address issues as they are brought forth. However, the first best course of action with some larger-scope concerns may be to bring them to the attention of the appropriate committee that deals most closely with the issue at hand.

To find out when committees hold meetings, visit the Laguna Woods Village Governance page, which posts all mutual committee meeting schedules. For a more targeted search, visit the Village website, click Calendars in the menu bar, and click Calendars Home. From there you can select All Governance Boards, United Mutual, Third Mutual, GRF or Mutual 50 to access specific calendars.

Meeting Agenda Packets on the Village Website

Residents who seek board and committee agenda packets for meetings within their mutual or for GRF can find what they're looking for by following the steps below:

- Go to lagunawoodsvillage.com
- Hover over Residents
- Click on **Documents** next to Residents Home
- Arrive at Governing Boards & Documents
- Click on Golden Rain
 Foundation of Laguna Woods,
 Third Laguna Hills Mutual,
 United Laguna Woods Mutual,
 The Towers at Laguna Woods
 Village or VMS

The Documents page leads users to files specific to that board and its respective committees, including committee agendas, meeting minutes, resolutions, sales and leasing, operating rules, governing documents, financial services and more.

WATCH, PARTICIPATE IN VIRTUAL BOARD, COMMITTEE MEETINGS

During the COVID-19 pandemic, board meetings are broadcast via Village Television (TV6) and at lagunawoodsvillage.com/meetings (committee meetings are broadcast at lagunawoodsvillage.com/meetings only). Expect a 20-second delay when watching board meetings. Owner members are invited to participate remotely either by calling 949-268-2020 or emailing meeting@vmsinc.org.

JUNK MAIL AND CATALOGS TO SAVE TREES, ENERGY

According to Harvard University, each year, more than 100 million trees' worth of bulk mail arrives in American mailboxes—the equivalent of deforesting the entire Rocky Mountain National Park every four months! The production and disposal of direct mail consumes more energy than three million cars.

Save trees and energy—remove your address from mailing lists and prevent unsolicited mail from coming your way.

Cut the Credit Card Offers

The main consumer credit reporting agencies—TransUnion, Experian and Equifax—maintain mailing lists that are often used by credit card and insurance companies to send junk mail. However, you can call a single number or visit a website to remove your name and address from mailing lists circulated by all three agencies as well as that of a fourth company, Innovis.

The number, **1-888-5-OPTOUT** (**1-888-567-8688**), connects you to a recorded message and

works 24 hours a day. Visit the website at optoutprescreen.com. The phone message and website prompt you to give your full name, address, telephone number and social security number—it's a legitimate service recommended by the Federal Trade Commission (visit bit.ly/3hWNn6b). You can opt out of these offers for five years online, or you can mail in a form to opt out permanently.

Stop Catalogs, Reduce Junk Mail

possible processing lets you remove your name and address from a number of catalog lists. After registering an account and paying a \$2 processing fee, you can unsubscribe from entire categories of mail—including catalogs and advertisements—or unsubscribe from specific catalogs. Register online at possible promove your name from catalog and national mailing lists.

Catalogchoice.org is a free alternative but only allows you

to unsubscribe from catalogs one at a time. This won't unsubscribe you from catalogs from businesses with whom you've been a customer—only ones where you're a "prospect." If you have a prior purchase history with a company, visit their website to unsubscribe from their catalog manually.

For junk mail, Catalogchoice.org offers two options: a free service that sends opt-out requests for individual companies that are already marketing to you, and a premium "unlisting" service that, for an annual donation of \$20 or more, removes your name from data brokers who sell your contact information to marketers.

Contact Publishers
Clearinghouse at 800-645-9242
or privacychoices@pchmail.com
and Readers Digest at
800-310-6261 to be removed
from sweepstakes lists.

Prevent Marketers from Passing Your Name Around

Any time you order a product by mail, enter a contest, subscribe to a magazine, send in a warranty card or otherwise give your name and address to a company or organization, you may be placed on a mailing list. The company or organization may then rent, sell or trade the list with your name on it. To limit your exposure, write "Please do not rent or sell my name" or "No mailing lists" next to your name. Also consider not sending in the warranty card for a new product—it's usually not required.

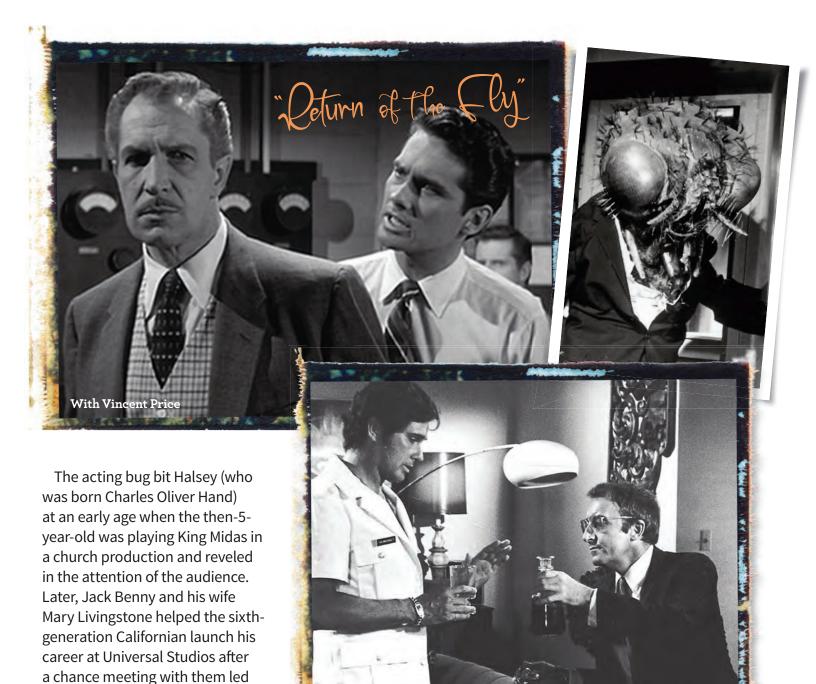


VILLAGE HEAVEN

Golden Globe-winning actor, prolific writer and Admiral William Halsey's great-nephew Brett Halsey can't think of "any other place I'd rather live at this time in my life."

BY KIM CAMPBELL THORNTON

illage resident Brett Halsey's Golden Globe isn't for sale. It sits on a bookshelf with some photographs and the retired actor's collection of beer mugs. Halsey has been approached by auction houses that want to purchase the award (won in 1961 in the category "New Star of the Year") and sell it, but it's just one of several mementos from an extensive film and television career that won't be going on the auction block any time soon.



contract offer from the studio.

"When I signed my first
professional contract at Universal
Pictures, I was 19 years old, green
as hell, and my second day on
the lot, I was walking down the
street and Jeff Chandler, who
at the time was probably the
biggest star at Universal, came
walking toward me and stuck
his hand out and said, 'Hi, Brett,
I'm Jeff Chandler and I just want
to welcome you to the lot.' Well,

to his acceptance at Universal's training school and eventually a

"All in all, Laguna Woods Village is probably the best place I've seen in all the world to live as a senior: medical facilities, restaurants, sporting facilities, the Old Pros. This is a nice place to live in that way."



I always loved Jeff Chandler after that. About seven years later, we costarred in 'Return to Peyton Place,' and I still have that script, signed by Jeff. It's another memento that's not for sale."

That Time Great-Uncle Admiral **Halsey Was on Set**

That name change from Hand to Halsey? That's another story. Halsey's great-uncle was World War II Admiral William "Bull" Halsey, commander of the South Pacific Area. The studio wanted a more marquee-friendly name for the young actor and hit on the Halsey connection. So, Brett Halsey he became.

He didn't really come to know his great-uncle until he was an adult. One of their more memorable meetings came when he was in Arizona filming a Western starring Tab Hunter. Halsey was low on the totem pole at the time, one of "five cowboys" on the cast list. One day, the admiral, his daughter and his adjutant came driving up to the

desert set in a Jeep to have lunch with his great-nephew.

With Mary Astor

"The company went nuts," he says. "What's Admiral Halsey doing here? Well, he's going to have lunch with nephew. Who's his nephew? Brett Halsey. Who? So, they started to set up a big fancy lunch, but no, he ate with us, with the cowboys. He spent a few hours and then off he went."

Halsey himself served a stint in the Navy before turning to acting full time. During his time in the Navy, there was a celebration

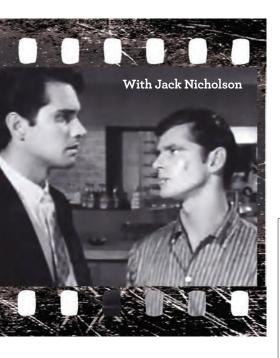
of the 50th anniversary of naval aviation held at the Hotel del Coronado in San Diego. Admiral Halsey was ill, so Halsey was asked to represent him.

"I was sitting at the dais with all these admirals and big shots. I was enlisted, I wasn't an officer, so it was a big experience for me."

Life in the Village

After a long and varied career that included such film and television roles as "Return of the Fly," "Return to Peyton Place," "Godfather III," a number of Spaghetti Westerns, appearances on television shows—"Gunsmoke," "Perry Mason" and "Sea Hunt" among them—and turns on soap operas, Halsey and wife Victoria had returned from Costa Rica. where he ran the film studies department at the University of Costa Rica, and were seeking a new home in California.

Halsey's nephew, a real estate agent, suggested Laguna Woods Village, where Halsey's own



parents had retired. At first, Halsey demurred, but he and Victoria were persuaded to come take a look.

"We found the place we're living in now and we've lived here 10 or 11 years. I'm very happy; I can't think of any other place I'd rather live at this time in my life," he says.

Not surprisingly, he's a member of the Old Pros, the community's theater group. He directed their popular production of "Arsenic and Old Lace" at the Laguna Woods Performing Arts Center and has done a little coaching on the side. "There are some very talented people there," he says. "It was fun to direct it because I was working with really nice actors and we got a good audience response."

He doesn't rule out taking acting jobs but says that these days worthwhile roles are fewer and far between.

"My last role was a western shot here in California. Going up to LA for auditions is too far, and roles I'm offered these days are



For Brett Halsey's full filmography, visit his IMBD profile at imdb.to/38HTd6Z.



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not roles I particularly want to play. If they call me and offer me something I want to do, I'll do it; otherwise, no. Today I either act for money or glory; if there's neither, to hell with it."

Visits to London, where Victoria is from, and to Munich to visit one of his daughters, are also important parts of their life. Toronto is a favorite city as well. Halsey enjoys train trips, and a couple of years ago he and Victoria took the train from Los Angeles to Toronto. He'd like to do it again but starting in Vancouver. That's currently No. 1 on his bucket list.

Writing Fiction Keeps Him Busy

Even before he retired, Halsey had an interest in writing. He did some scriptwriting during his career and he's the author of five novels and counting. The first was "The Magnificent Strangers," a fictionalized behind-the-scenes look at the acting community in 1960s Rome, nicknamed

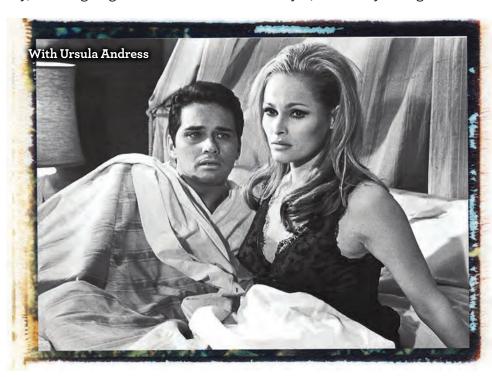
"Hollywood on the Tiber," where Hollywood stars—including Halsey—were making Spaghetti Westerns and "sword-andsandal" epics.

"While I was living and working in Rome, I made many movies there, and I could see that it was a historical time for motion pictures. Things would happen and I would say, 'That's going in the book."

After he had returned to Hollywood, he was telling a writer friend about his experiences. The friend introduced him to Charles Bloch, then the chief editor for Bantam Books' West Coast office. A few sample chapters later, Bantam gave him a contract and a hefty advance.

"The contract said if I didn't deliver the book within a year, I had to give the advance back," Halsey says. "At that point I became a professional writer because there was no way I was going to give the advance back."

"The Magnificent Strangers" sold well and was optioned three times for the movies but never made. Halsey's soap opera career inspired another book called "Yesterday's Children." The next book, "My Soul to Keep," was based on California history and his own family's role. Halsey's great-great-great-great grandfather, Juan Francisco Reyes, came to California with Junipero Serra and twice served as alcalde, or mayor, of the City of Angels.



Other Halsey books have included a murder mystery and, most recently, a Western called "West of Hell." Again, Halsey—a member of the Spaghetti Western Hall of Fame—drew on his experience starring in the iconic movies. One of his favorite things about that book is its cover by contemporary Western artist Billy Schenck. "I wrote to him and told him about the book and asked if he would give me a cover, which he did, so I'm very proud of that cover," he says. Currently he's finishing a comedy called "The Czarina's Favorite Cousin," set in early 19th century Russia.

Halsey spends at least four hours a day writing. When it's going well, he might write all day. When it's not, he at least tries

to write something, even if he throws it out later. And like most fiction writers, he has a living relationship with his characters.

"When I'm into my story, it's not that I'm sitting here alone," he says. "My characters and I, we talk back and forth and often when I go to bed my characters go with me and we talk until I fall asleep."

"It's Always a Nice Day Here"

When he's not writing, Halsey and Victoria enjoy their life in Laguna Woods Village. Everything is nearby and neighbors know and help each other.

"A month or so ago, one of my neighbors fell down, hit his head and was bleeding in the street. It wasn't two minutes that other neighbors were right out there,

helping him, calling the ambulance, so people really watch out for each other. It's not that we're intimate friends, but everybody's watching out that we're all OK."

Of course, the perfect California weather is a big plus for both of them. After they first moved to California, Victoria would often suggest, "Hey, it's a nice day; we should do something." Halsey would reply, "Victoria, it's always a nice day here."

Halsey loves Costa Rica, where he and Victoria lived for seven years, but says, "All in all, Laguna Woods Village is probably the best place I've seen in all the world to live as a senior: medical facilities, restaurants, sporting facilities, the Old Pros. This is a nice place to live in that way."

Upcoming Virtual Seminars

Let us come to you! Attend our free online education seminars from the comfort of your home.

Medicare 101

Not sure which Medicare plans and options are the best fit for you or a loved one? MemorialCare is here to help you. We will connect you to resources that provide education on all you need to know about Medicare. Register today for one of our free webinars that will provide an educational overview of the different parts of Medicare (A, B, C and D). You'll find information that can help you make decisions about the coverage options that best meet your needs.

Choose the webinar date and time that fits best with your schedule at: memorialcare.org/MCEvents

Joint Solutions

Tuesday, August 18, 2020 5:30 - 6:30 p.m.

Saddleback Medical Center is proud to be a leader in joint replacement using today's advanced surgical techniques and technologies. Join orthopedic surgeons, R. Lance Montgomery, M.D., and Daniel Duggan, D.O., to learn what our Joint Replacement Center has to offer, including the Mako® system for hip and knee replacement.



Register at memorialcare.org/SBJointSolutions or call 800-MEMORIAL (636-6742).







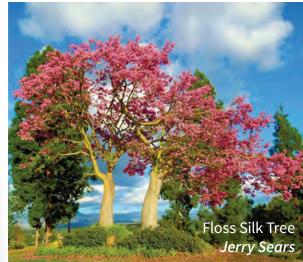
NSGHTS AND WAGES

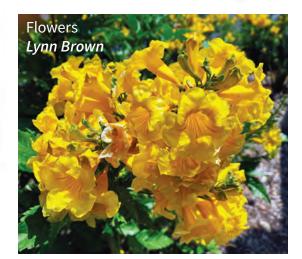
WINNERS AND HONORABLE MENTIONS OF OUR VILLAGE SIGHTS-THEMED HAIKU AND PHOTO CONTEST

We received an amazing response to our contest focused on Village sights and scenes that stir the soul. May you enjoy poring over these submissions as much as we did.

First-place recipients will enjoy dinner for two, complete with appetizer and dessert, courtesy of Restaurant 19. Second- and thirdplace recipients will receive gift cards to Starbucks. Submissions were reviewed by our editorial panel. The selection process was difficult, and we thank each and every resident for sharing their creativity with us and with the Village.

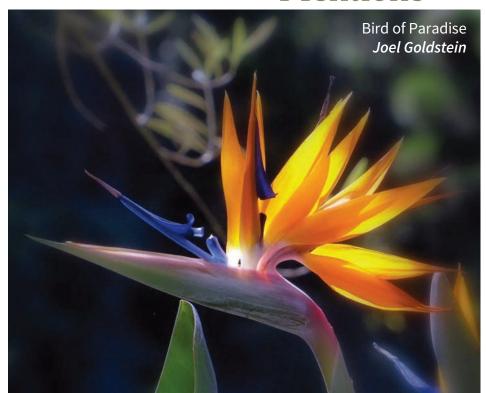




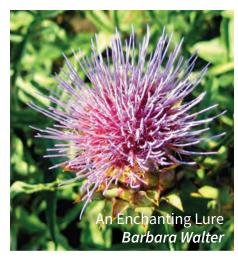


THIRD PLACE Cactus Blossoms Abloom Louisa Hsu



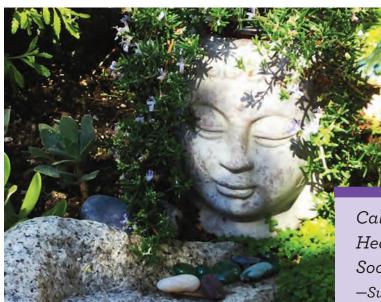








Honorable Mentions



A blistering day Sunflowers reach to the sky Yearning for favor

Sun do you see them? Gilded sentries on duty Stand tall, Sunflowers

–Barbara Walter

SECOND PLACE

Birds: gifted flyers Wispy dinosaurs aloft. Soar! Enjoy the ride!

-Nancy Condon



Splendent sycamore Grows where the water nymphs flow Nature's cathedral

-Judy Cobb

Calmly she sits near, Head adorned with rosemary. Soon, summer will end.

-Susan Adragna



Daylight flies away. Feathered creature of the night, Wide open eyes-blink.

Soaring, seeking, glides. Scurrying, a small rodent Disappears below.

Horizon lightens, Another day breaks warmly Wings close, bless'ed rest.

-Kristine DeYoung

Waiting for a breeze More than just a lowly weed Spreading life afar

-David Shepherd



Integrated cars If they can exist in peace Why can't we also?

-AJ Lane



The pollinators Kiss the ripe purple flowers And all of nature.

-Linda Kolstee-Ozkaynak



A quiet morning Looking at Barbara Lake, Brings peace and wonder.

-Mary Jo Brown

Resident Hannah Lurie shared these haiku stanzas from a book of her poetry published in 1973 by the National Organization for Women.

Gathered in fruit tree are 1.001 birds discussing winter

Shall I leave today? asks one blackbird circling over the brown earth.

One black hawk circles summer gone earth Which direction best?



Stretch your hard-earned dollars further with savvy senior discounts.

BY SUSAN LOGAN-MCCRACKEN

hen it comes to senior discounts, one thing to remember is it never I hurts to ask. And while you're asking, inquire as to which discount is best. For example, a seasonal promotion may save you more than the senior discount. In some cases, you can use both discounts for even more savings. Don't wait for the establishment to offer you a discount, because sometimes even the employees don't know about it until they make further inquiries. Some discounts begin as young as age 50, but most start somewhere between age 55 and 65. The bottom line is it's important to do some research and ask questions.

SENIOR ADVOCACY **ORGANIZATIONS**

One of the advantages of membership in a senior advocacy organization is generally the savings begin at age 50. Here are the major groups.

AARP

(bit.ly/2BM52xf)

If you are a member of AARP, you can receive 10% to 15% discounts beginning at age 50. The first year of an AARP membership costs \$16 or \$12 if you are willing to automatically renew your membership each year. That cost of membership more than pays for itself when you total your year-round discounts.

American Seniors Association (ASA) (bit.ly/38KTAho)

ASA off ers discounts on travel, financial services, security, health insurance, prescriptions, home and auto insurance and general retail beginning at age 50 for a \$15 annual fee.

Seniors Coalition

(bit.ly/3frN7ul)

The Seniors Coalition offers a Prescription Discount Club, which includes up to 20% off brandname prescription drugs and up to 75% off generics. This program includes a network of more than 54,000 participating pharmacies and helps locate one near you.

National Active and Retired Federal Employees Association (NARFE) (bit.ly/3fd1d2w) NARFE offers year-round discounts to current and retired federal employees.



Air travel

American Airlines, Southwest Airlines and United Airlines offer various discounts to people age 65 and older. Call the airline directly for details and to apply the discount. As of press time, discounts can't be accessed online.

Blue Bell Foundation for Cats, Laguna Beach

(bit.ly/3gFNpOe)

You can enjoy furry companionship for free by volunteering at this facility that provides lifetime care for senior cats whose owners can no longer care for them.

Car rental

(bit.ly/2BNnjKy)

Avis, Budget, Dollar, Fox, Hertz, Payless, Sixt and Thrift y off er senior discounts, some with age

requirements of 50 and over and some without age requirements. AARP members can receive additional discounts from Avis, Budget and Payless. Dollar, Hertz and Thrift y off er special discounts to ASA members. Check out the senior discounts at Car Rental Savers.

Dana Wharf Sportfishing & Whale Watching, Dana Point (bit.ly/3eiphzA)

Off ering whale watching, dolphin tours, fishing charters and an assortment of cruises, this facility is open but as of press time has suspended senior discounts because of decreased passenger loads.

Environmental Nature Center, Newport Beach

(bit.ly/3edUFPG)

The Environmental Nature Center features 15 native California ecosystems, a museum, butterfly habitat and a lovely place to sit and relax. It's free to visit on your own, although the center appreciates donations.



Eyeglasses and hearing aids

AARP members can save 30% on a pair of glasses (including lenses and frames) at LensCrafters and Glasses.com. ASA members can receive 20% to 50% off the average local retail prices of name-brand hearing aids. Both organizations off er other vision and hearing benefits, so check out their websites.

Hotels

(bit.ly/2BM52xf)

AARP has a long list of participating hotels in its senior discount program. Best Western Hotels and Resorts off er up to 15% off to guests age 55 and older. Extended Stay America offers guests age 55 and older special senior rates. Ramada hotels offer up to 10% off to guests age 60 and older. Marriott offers a senior rate to guests over the age of 62. Wyndham Hotel Group offers ASA members up to 20% off the Best Available Rate at its participating hotels.

Movie theaters

Movie theaters may be closed due to COVID-19, but typically AARP members can receive discounts on Regal Concessions, Regal Movie Tickets and Ticketmaster. AMC Theaters off ers up to 30% off to theatergoers age 60 and over, according to SeniorDiscounts.com.





National parks

(bit.ly/3egac1m)

Beginning at age 62, you're eligible for the \$80 Lifetime Senior Pass and \$20 Annual Senior Pass from the National Park Service. You can exchange four annual passes for the lifetime pass. The pass gets you into all the national parks for free, plus gives you discounts on expanded park amenities. For more information about National Park Service passes, visit the website.

Newport Beach Whale Watching & Dolphin Cruise

(bit.ly/2BTXGaP)

Seniors age 60 and up can enjoy whale watching and dolphin cruises at the discounted price of \$28 or VIP seating at the discounted price of \$51.

OC Parks COVID-19 Modified **Operations**

(bit.ly/3ec59ir)

Check before visiting your favorite OC parks.

Orange County Museum of Art, Santa Ana

(bit.ly/2ZU5a5B)

Although the Orange County Museum of Art is currently closed due to COVID-19, you can visit the website and enjoy virtual programming. This museum features art from the early 20th century, contemporary art galleries, digital art installations and video art exhibitions.

Restaurants

(bit.ly/2W44N7w)

Individuals age 55 and older can receive up to 20% off at Jack in the Box and 10% off at Chili's. Patrons age 60 and older can receive 10% to 15% off at Applebee's and 10% off at El Pollo Loco and Subway. AARP members can receive 10% off every day at Bubba Gump Shrimp Company, Chart House, McCormick & Schmick's, Outback Steakhouse and Rainforest Café, and 15% off at Denny's. For more restaurant discounts, visit the SeniorList.com.

Sherman Library & Gardens, Corona del Mar

(bit.ly/2BKLWri)

Admission to these picturesque gardens is \$5 or free for members. A senior membership of \$40 allows you and your spouse or partner, plus dependent children or grandchildren age 18 and under unlimited admission.

Upper Newport Bay Nature Preserve, Newport Beach

(bit.ly/3ec1bqk)

At press time, the Upper Newport Bay Nature Preserve parking lots and restrooms have reopened, but park offices, playgrounds, nature centers and other amenities remain closed. Typically, the preserve is open every day from 7 a.m.

until sundown Pacific time and entrance is free. This 1,000-acre nature preserve is home to over 35.000 birds.

RESOURCE LISTS

The Senior List (bit.ly/2ZWgSfU)

- This resource lists senior discounts from restaurants, grocers, pharmacies, department stores, clothing retailers, airlines, rental cars, hotels, cruises, national parks and more. Links to other lists, such as the 2020 List of Senior Discounts on Travel, the 2020 List of Senior Discounts at Retail Stores and the 2020 List of Discounts
- on Prescription Medications, can be found at this website.

Senior Discounts

(bit.ly/3ec50LV)

Find large listings of senior deals at seniordiscounts.com (not a secure website) or **sciddy.com** (sorts by area). The bit.ly link above is for sciddy.com.

This article uses Bit.ly links, which are URLs shortened for use in a magazine or other paper-driven medium. Simply type the shortened bit.ly/123XYZ from the text into your browser search bar, hit Return and voila! You will reach your online destination.



Still not sure about venturing into the wider world just yet? Exercise, travel the world and play your favorite games without leaving home.

If the inside of your home and some of the same old limited destinations are starting to look monotonous, try some new fitness routines, visit an international destination, or challenge a friend to one of your favorite games. With the help of technology your electronic devices can become a hub of free activities.

FITNESS FREE ONLINE FITNESS CLASSES **YMCA**

(bit.ly/2W998WZ)

YMCA off ers free fitness videos ranging from tai chi to bootcamp, barre, yoga and more.

Gold's Gym

(bit.ly/38Jl8Uh)

Gold's Gym off ers free virtual

workouts for all ages and fitness levels, including high-intensity interval training.

The National Institute on Aging (bit.ly/38IEDw2)

In its Go4Life Exercises series on YouTube, the National Institute on Aging off ers free exercise videos focusing on stretching, building strength and balance.

TRAVEL THE WORLD **Beautiful Destinations**

(bit.ly/3gRiZJ3)

"How to See the World's Most Beautiful Destinations From Your Couch" by Chelsea Stuart is a roundup of 17 travel destinations that you can experience virtually, including the emerald summit of Machu Picchu, the turquoise waters of the Maldives, the sapphire Aegean seascape off of Santorini, Greece, and some of the world's most iconic cities.

Machu Picchu

(bit.ly/20gkYKu)

If you're looking for scenic wonders of the world, You Visit's narrated virtual Machu Picchu tour gives you all the beauty without the altitude.

Trevi Fountain

(bit.ly/20cRVYl)

Skyline's webcams allow you to visit Rome's wonders like the Trevi Fountain, Colosseum and Pantheon without leaving home.

Times Square

(bit.ly/2CsXtev)

Visit New York's Times Square and see the lights on Broadway via Earthcam's webcam without worrying about social distancing.

London

(bit.ly/3gGG9BE)

Big Ben, Westminster Abbey and Buckingham Palace await armchair travelers with Visit London's 360-degree interactive webcam experience. Though no live stream can compete with the views from the London Eye





or Parliament Hill, this is the best quarantine-approved option out there.

Jerusalem

(bit.ly/2ZSf0Fa)

Virtually Israel's YouTube tour begins at the Dead Sea and takes you through Panoramic Square and a bustling marketplace to the Western Wall, Jaff aCenter and Teddy Park Fountain.

Great Wall of China

(bit.ly/3gZ4zGX)

The China Guide's 360-degree interactive virtual tour brings the breathtaking Great Wall of China to your screen.

VIRTUAL GAMES Mahjong

(bit.ly/324A3a9)

Play American mahjong online against computers and your friends on your computer, iPad or tablet. The first two weeks are free, aft er which the service is \$5 a month.

Bridge

(bit.ly/2W77Zz0)

Play free online bridge at the largest bridge site in the world. Enjoy tournaments, money games, Vugraph and much more.

Poker

(bit.ly/38Nl1Xy)

Play poker for free from the poker experts. You can log in with Facebook or sign up with email.

Mahjong, Solitaire, **Word and More**

(bit.ly/3gPT8kO)

Play your beloved games and so

much more for free through the AARP website. Find 68 of your favorite games to choose from including crossword and jigsaw puzzles, chess and more.

Jigsaw Puzzles

(bit.ly/2ZYGwkj)

Thejigsawpuzzle.com offers free new jigsaw puzzles daily and a comprehensive collection of categories to choose from, such as animals, castles, flowers, waterfalls and more. Use the search tool to find puzzles of your favorite things like tigers, the Grand Canyon or Hawaii.

THERE'S AN APP FOR THAT!

Play these apps by yourself or with your friends for free. All are available at the App Store and Google Play.

8 Ball Pool

Recreate a night playing pool with your friends at the local pub with this virtual version of billiards. The app allows you to play one on one with anyone using the app at random, but

Simply type the shortened bit.ly/123XYZ link from the text into your browser search bar, hit Return and voila! You will reach your online destination.

you can also link your account to your Facebook page so you can challenge people you know.

Scrabble GO

Download this app for free and play with strangers or friends! You can invite friends from your contacts or connect your Facebook account.

Yahtzee with Buddies

If you grew up obsessed with this classic Hasbro game, the mobile version will quench your thirst to play it with your far-flung friends and family until you can throw the dice in person. Click over to the "Social" tab at the bottom of the screen and either enter their username or connect vour Facebook friends to your account.

Uno

While this colorful app offers multiple variations on this popular card game, you can still play the original game in "classic mode" with a group of friends remotely. You'll be able to send invite links to your friends via text or another messenger.

Houseparty

This app allows you and your friends to video chat for free. You can also play games such as charades by clicking the dice icon in the upper right-hand corner.

DON'T FORGET THE LIBRARY!

(bit.ly/2BRTMzo)

Orange County residents can get an electronic library card from the OC Public Libraries and access online databases and downloadable media. including electronic books, electronic magazines, music and more. If you already have an OC Public Libraries card, you automatically have access without the need for an eCard.







Rules exist to keep residents safe and our community beautiful. BY JACKIE BROWN

TOP 10 COMPLIANCE ISSUES IN THE VILLAGE

- Delinquencies (9%)
- Illegal occupancy (9%)
- Nuisance (9%)
- Carport clutter (9%)
- Alteration standards (9%)
- Animal nuisance (8%)
- Common-area clutter (8%)
- 8. Breezeway clutter (7%)
- 9. Patio clutter (5%)
- 10. Illegal caregiver (4%)

hen someone moves to Laguna Woods Village, it doesn't take long to realize there are a lot of rules to follow. Don't let the idea of rules put you off. The thought of a bunch of rules might sound oppressive, but rules are a good thing! Rules and regulations help a community as large as Laguna Woods Village operate safely and efficiently. Some rules are in place for the safety or protection of Village residents and staff. Other rules are meant to keep our community peaceful and attractive.

So, who comes up with all these community rules? The rules are adopted and upheld by the boards of directors for the two housing mutuals (Third Laguna Hills Mutual and United Laguna Woods Mutual) as well as the Golden Rain Foundation. Board directors are elected by the residents of Laguna Woods Village or are sometimes appointed by other board directors when positions become vacant. Board directors volunteer their time to help make decisions regarding the mutual or GRF.

Village Management Services' Compliance Division enforces the rules of Laguna Woods Village. This division is part of the Security Services Department, which is headed by Director of Security Services Carlos Rojas. Compliance's job is to carry out each board's policy and enforce the governing documents, which include the articles of incorporation, bylaws, policies, resolutions, rules and regulations, plus the CC&Rs for Third Mutual and the Occupancy Agreement for United Mutual.



All residents in the Village are obligated to comply with the rules, terms and conditions, which are detailed in the mutuals' governing documents. When Compliance is notified of an alleged violation, a procedure is followed to ensure the allegation is fully investigated and the offending party is properly notified. Often, Compliance works with the resident to help them resolve the issue. If the problem is not rectified, the resident may be called to a disciplinary hearing before the board of directors. During a disciplinary hearing, the board may choose to take certain actions, including but not limited to monetary penalties, suspension of cable services, suspension of access to GRF facilities and/or bringing forth legal action.

As you can imagine, understanding how all the rules in Laguna Woods Village work and how the

Compliance: Here for You

The Compliance Division works diligently to ensure the safe and smooth operation of the Village. Due to the sensitive nature of many compliance matters, staff must follow strict confidentiality rules. This means staff is often unable to disclose any information or status about open cases, even to the complaining party. Rest assured that Compliance staff and your board of directors are doing all they can to resolve issues.

Compliance Division operates can sometimes be confusing. We sat down with Operations Manager Francis Gomez to help take the mystery out of compliance.

Q: What is the biggest misconception residents have about Compliance?

A: That we are "the bad guy." In reality, Compliance is here to help all residents. Our job is to help residents resolve their issues and gain compliance. This might include connecting them to resources or offering extensions. Sometimes residents don't even know they are in violation, so it's our job to explain things to them and advise how to resolve the issue.

O: If a resident sees someone in the Village doing something that is not allowed, what should they do?

A: For violations such as clutter, illegal occupancy and abandoned vehicles, a resident may call the Compliance Hotline at 949-268-2255 or email compliance@ vmsinc.org to make a report. For violations like a dog barking or another noise nuisance, a resident may call the Security Department at 949-580-1400. A security officer will be dispatched to take a report and obtain statements. The reports are routed to the Compliance Division for appropriate follow-up.

Q: If a resident wishes to make a complaint against another resident, what should they do?

A: A resident may call the Compliance Hotline at 949-268-2255 or email compliance@vmsinc.org to make a report and staff will assist. If an incident occurs between neighbors, they may call the Security Department at 949-580-1400.

Q: If a resident feels wrongly accused or has another grievance, what should they do?

A: Residents are encouraged to speak with the Compliance Division for appropriate follow-up if they feel they are wrongly accused. Likewise, the resident may request a meeting with the appropriate board of directors to discuss their grievance. The Compliance Division will coordinate and schedule a meeting with the board.



KINDNESS STORIES

Fellow residents are a big part of the magic in the Village's secret recipe.

Many of us may have been feeling disconnected, if not unsettlingly isolated, these days, but we're not alone. To help us remember how connected we all are, enjoy these past and present acts of kindness shared by fellow residents.

I was driving on Calle Aragon when an adorable little puppy began running down the middle of the street. Within 3 minutes, there were six or eight residents giving chase. It worked, and the puppy was safely home quickly.

My neighbor helps my other neighbor to pick her lemons because doing so requires climbing a ladder. My other neighbor shares her persimmons and other crops from her garden plot with us. These little acts of kindness put a smile on my face.

When I first walked into the sewing room, I was shown such kindness and patience. I'm now part of the sewing room staff. It's awe-inspiring that Judy Yen comes in the sewing room six days a week to sew quilts for various charities. Her time and kindness are truly beautiful thinas.

My husband was an ardent golfer with our neighbor. When my husband was diagnosed with terminal cancer and could no longer play, our neighbor found a kids' card game, "golf," and came to play it with him.

Thank you to the nice man who always sweeps up the berries on the sidewalk in my cul-de-sac. He says he doesn't want to see anyone fall. A kindness to all in our cul-de-sac.

During the last rain, I came upon my disabled neighbor half in and half out of her car. Her caregiver couldn't lift her. Another neighbor and I helped her first into her wheelchair and then finally into her car. We all got soaked, but felt warm inside for helping. Sometimes a neighbor is the only one who can help.

Email ellyce.rothrock@vmsinc.org with acts of kindness—random or not—to share in future issues of the Village Breeze.



SPIED IN THE VILLAGE

Small touches spread joy and cheer.

What have you seen while walking the community that brought a smile or cheered your day?

Resident Esther Wright submitted the following haiku and photo to the Village Breeze:

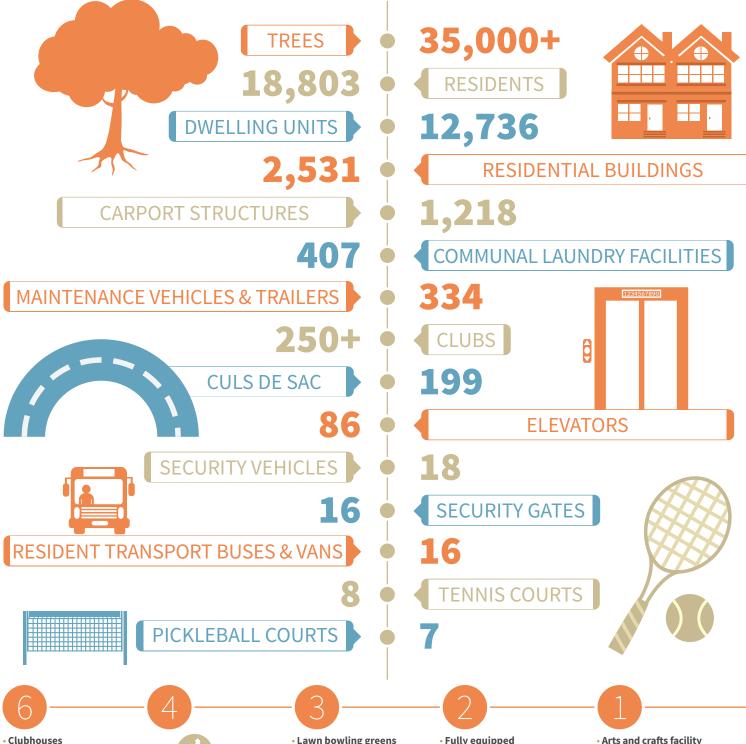
You can never know What you might see on a walk

In Laguna Woods

One resident spotted this display of painted stones while walking along the northeast side of Avenida Sosiega near Gate 9.



THE VILLAGE BY THE NUMBERS





- 5 pools and 4 spas



 Two golf courses totaling 36 holes and 153.3 acres

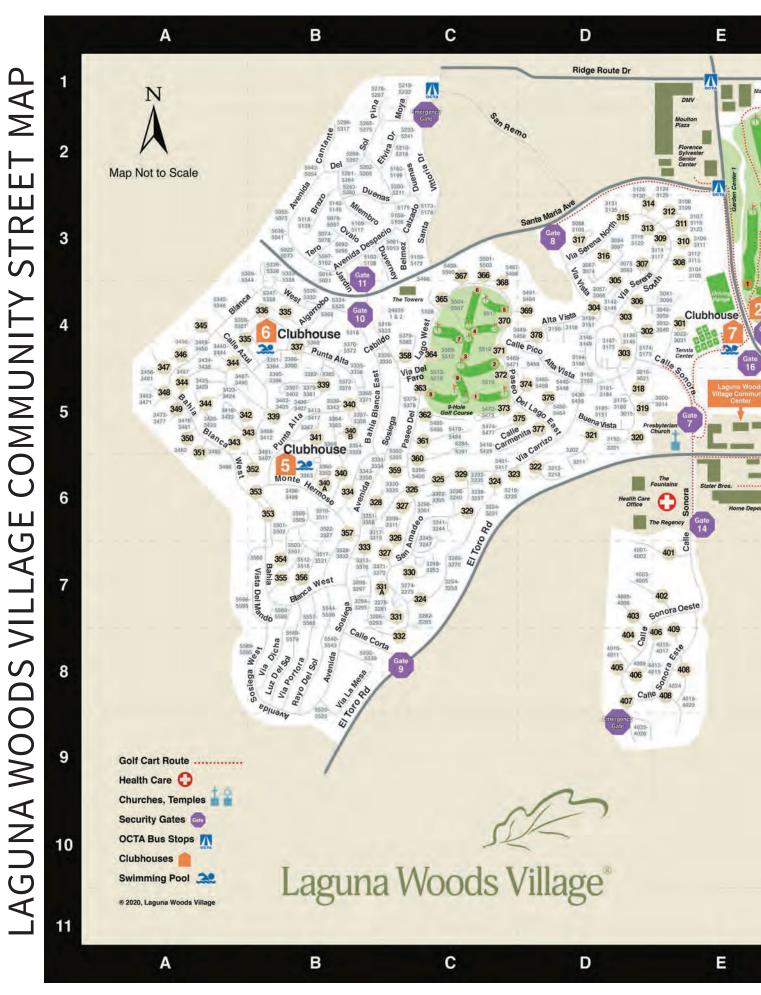
- · Lawn bowling greens
- Bocce courts

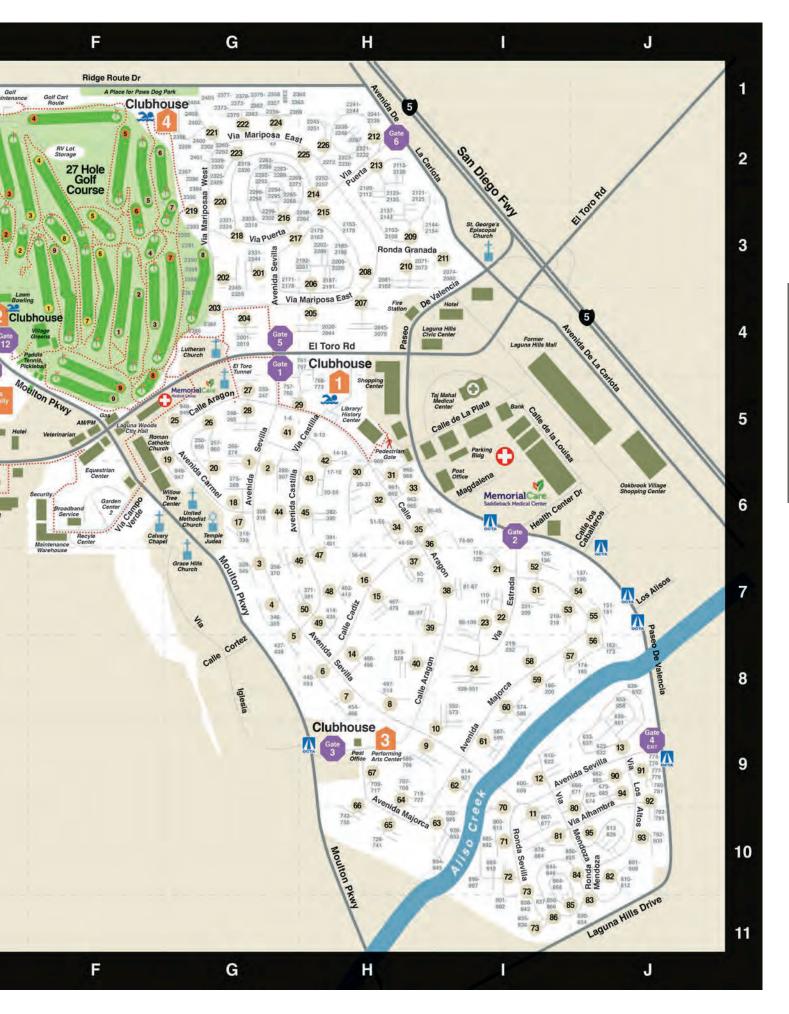


- Fully equipped **Fitness Centers**
- Garden Centers with 933 cultivation plots
- Recreation vehicle storage areas with 413 spaces
- Computer labs (1 PC and 1 Mac)
- Arts and crafts facility
- · Performing Arts Center with 834 seats
- Library
- History Center
- Equestrian Center with 40 stalls and 1.4 miles of trails
- · Community-owned television station with original programming

- 1 intern
- 1 Friendly Visitor program coordinator
- · 3 full-time VMS social workers
- · 3 full-time social workers provided in partnerships with MemorialCare Saddleback Medical Center, Council on Aging - Southern California and Alzheimer's Orange County

KEYS TO THE COMMUNITY







In Your Neighborhood

To find out what's going on in and around your neighborhood, visit lagunawoodsvillage.com, go to the Residents tab, click on Maintenance & Construction and scroll down to Maintenance Project Logs.



GRF PROJECT LOG

UNITED MUTUAL PROJECT LOG

THIRD MUTUAL PROJECT LOG

GRF Facilities Sweeping Schedule

1ST FRIDAY OF THE MONTH

4 to 5:30 a.m. Clubhouse 1 5:30 to 6 a.m. Clubhouse 2

2ND FRIDAY OF THE MONTH

4 to 5:30 a.m. Clubhouse 3 5:30 to 6 a.m. Clubhouse 4

3RD FRIDAY OF THE MONTH

4 to 6 a.m. Clubhouse 7 6 to 7 a.m. Clubhouse 5 7 to 8 a.m. Clubhouse 6

4TH FRIDAY OF THE MONTH

4 to 7 a.m. Maintenance Center Garden Centers

Equestrian Center Lot

5TH FRIDAY OF THE MONTH (WHEN APPLIES)

4 to 7 a.m. RV Lots

Golf Maintenance

Street Sweeping Schedule

*All times are approximate and subject to change

MONDAY TO FRIDAY

7:30 a.m. to 3:30 p.m. Cul-de-sacs

MONDAY

7:30 to 11:30 a.m.

Gates 1, 2, 3 – Calle Aragon to Via Estrada North 11:30 a.m. to 3:30 p.m.

Gates 1, 2, 3 – Calle Aragon to Via Estrada South

TUESDAY

7:30 to 11:30 a.m.

Gates 5, 6 - All streets in this area

11:30 a.m. to 3:30 p.m.

Gates 11, 14 – All streets in this area

WEDNESDAY

7:30 to 11:30 a.m.

Gates 7, 8 – Calle Sonora/Alta Vista (East Area)

11:30 a.m. to 3:30 p.m.

Gates 7, 8, 9 – Calle Sonora/Alta Vista (West Area)

THURSDAY

7:30 to 11:30 a.m.

Gate 10 – East of Ave. Sosiega & North of Monte

Hermoso

11:30 a.m. to 3:30 p.m.

Gate 9 – South of Monte Hermoso

FRIDAY

GRF Facilities

Please see GRF Facilities Sweeping Schedule.

Every other week

Gate 9 – Towers Parking Lot

Gate 11 - Check area and re-sweep if needed.

Stay in Touch!

Use these frequently called numbers to seek assistance, find answers and more. The Laguna Woods Village **Community Center** 24351 El Toro Road Laguna Woods, CA 92637 lagunawoodsvillage.com

| ADMINISTRATIVE OFFICES | | Clubhouse 6 Office/Pool 6 | 949-597-4436 |
|---|--------------|--|--------------|
| General Information (info@vmsinc.org) | 949-597-4600 | Clubhouse 7 Office | 949-268-2417 |
| | | Clubhouse Reservations | 949-597-4227 |
| COMMUNITY ACCESS | | Community Fitness Center | 949-268-2275 |
| Community Access | 949-597-4600 | Equestrian Center | 949-597-4275 |
| Gate Clearance | 949-597-4301 | Golf and Village Greens | 949-597-4336 |
| | | Golf (Par 3 Course) | 949-597-4334 |
| EMERGENCY AND MEDICAL SERVICES | | Monthly Excursions | 949-597-4273 |
| Fire, Police, Medical Emergency | 911 | Performing Arts Center | 949-597-4289 |
| Care Ambulance Service | 877-972-0999 | Performing Arts Center Box Office | 949-597-4288 |
| MemorialCare Saddleback Hospital | 949-837-4500 | Recreation Office | 949-597-4273 |
| OC Fire Authority Public Information Line | 800-545-5585 | Village Library | 949-597-4274 |
| OC Sheriff's Non-Emergency Dispatch | 949-770-6011 | Village Television | 949-597-4295 |
| | | | |
| MISCELLANEOUS | | RESIDENT SERVICES | |
| Animal Services | | Manor Alterations Division | 949-597-4616 |
| City of Laguna Beach | 949-497-0701 | Resident Services | 949-597-4600 |
| City of Laguna Woods | 949-639-0500 | Social Services | 949-597-4267 |
| Florence Sylvester Senior Center | 949-380-0155 | | |
| Foundation of Laguna Woods Village | 949-268-2246 | SECURITY | |
| Laguna Woods Globe | 949-837-5200 | Compliance Hotline (anonymous) | 949-268-2255 |
| Laguna Woods Globe (Subscriptions) | 949-855-9765 | Department of Security Services (24/7) | 949-580-1400 |
| Laguna Woods History Center | 949-206-0150 | Disaster Preparedness Task Force | 949-597-4237 |
| Lost and Found | 949-597-4435 | | |
| RV Storage Inquiries | 949-268-2284 | TRANSPORTATION | |
| Saddleback College Emeritus Institute | 949-770-9669 | Village Bus System | 949-597-4659 |
| The Towers | 949-597-4278 | | |
| | | UTILITIES | |
| RECREATION AND AMENITIES | | Broadband (Cable) | 949-837-2670 |
| 19 Restaurant and Lounge | 949-206-1525 | El Toro Water District | 949-837-0660 |
| Clubhouse 1 Office/Pool 1 | 949-597-4281 | Southern California Gas Company | 877-238-0092 |
| Clubhouse 1 Fitness Center | 949-597-4284 | Southern California Edison (Electricity) | 800-655-4555 |
| Clubhouse 2 Office/Pool 2 | 949-597-4286 | Waste Management (Trash) | 949-597-4600 |
| Clubhouse 4 Office/Pool 4 (Mon to Fri) | 949-597-4291 | West Coast Internet Customer Service | 949-487-3302 |
| Clubhouse 4 Office/Pool 4 (Sat/Sun) | 949-597-4344 | | |
| Clubhouse 5 Office/Pool 5 | 949-597-4382 | DON'T FORGET TO JOIN US ON | FACEBOOK! |



THIS HERE'S **EARTHQUAKE COUNTRY**

ShakeOut helps Southern Californians prepare for the (hopefully not so great) shakeup.

We don't need jarring reminders that we live in a quake zone. To help prepare for the inevitable, every year since 2008, the Great California ShakeOut has helped folks learn to Drop, Cover, and Hold On (shakeout.org/ dropcoverholdon) during yearly Great ShakeOut Earthquake Drills.

By now, many of you know the drill. You will reduce your chance of injury if you:

- **Drop** where you are, onto your hands and knees. This position protects you from being knocked down and also allows you to stay low and crawl to shelter if nearby.
- **Cover** your head and neck with one arm and hand. If a sturdy table or desk is nearby, crawl underneath it for shelter. If no shelter is nearby, crawl next to an interior wall, away from windows. Stay on your knees; bend over to protect vital organs.



Hold on until shaking stops. If you are under shelter, hold on to it with one hand; be ready to move with your shelter if it shifts. If you are not under shelter, hold on to your head and neck with both arms and hands.

However, for some, it's not always easy to "drop, cover and hold on" during an earthquake. Older people may not be able to get down on their hands and knees and, if they do, they might not be able to get back up. With that in mind, Village Security Chief Carlos Rojas identifies the following "safe

places" and what protective acts people can take if they are unable to drop, cover and hold on:

Safe Spaces

- Safe spaces, such as under tables or desks along inside walls, help protect you against falling objects and breaking glass.
- Create safe spaces by securing heavy furniture to wall studs, moving heavy items to low shelves, hanging art with closed hooks or other measures found at earthquakecountry.org.









- Secure essential equipment, such as oxygen tanks or other life support devices, so they will not fall, sustain damage or cause injury.
- Secure yourself as best as possible along walls with no hazards, such as windows, hanging pictures, bookshelves, etc.
- If you are outdoors, stay outdoors and away from buildings; do not run outside.
- Do not stand in a doorway.
- If you are in a car, pull over and stop; set your parking brake.

Alternatives to Drop, Cover and Hold On

If you have difficulty getting onto the ground or cannot get back up again without the help of a caregiver, follow these recommendations:

- If you are in a recliner or bed: Cover your head and neck with your arms or a pillow until the shaking stops.
- If you use a cane: Drop, cover and hold onto or sit on a chair, bed or other sturdy item, and cover your head and neck with both hands. Keep your cane near.
- If you use a walker or wheelchair: Lock your wheels (if applicable). If using a walker, carefully get as low as possible. Bend over and cover your head/neck with your arms, a book or a pillow. Then hold on until the shaking stops.



International ShakeOut Day

is Thursday, October 15. The Great California ShakeOut is Tuesday, October 13. Participating in a ShakeOut is a great way for individuals or households to be prepared to survive and recover quickly from big earthquakes. For customized ideas for what you can do, visit bit.ly/3gEQoqj.

For key earthquake safety tips for people with disabilities and others with access and functional needs, visit bit.ly/204hxGO. For an earthquake preparedness guide for those with disabilities and/or access/functional needs, visit bit.ly/2VXi1D0.

Everyone, everywhere should practice earthquake safety. Visit shakeout.org for a wealth of resources on Great ShakeOut Earthquake Drills.



WON'T YOU BE MY FRIENDLY VISITOR?

Partnership addresses isolation and loneliness in the Village.







Time spent with a volunteer can range from activities in and near the home (talking about common interests, playing cards and games, or enjoying short walks) to spending time in the community



and nearby areas (going to lunch, attending a club meeting, or taking a class together).

Because of the COVID-19 pandemic, the FVP temporarily suspended home visits, limiting its activities to phone calls between volunteers and participants. The Phone Buddy Program addresses anxiety and uncertainty that residents are experiencing as a result of COVID-19 and the stay-athome order. Like the FVP, volunteers

Friendly Visitor Programs Make a Difference

Friendly visitor programs, "in which senior volunteers visit other community-dwelling older adults, have been associated with improved social connectivity and reduced loneliness."

—Journal of Aging and Geriatric Medicine, 2018

Older adults who volunteer have improved health, as well as increased psychological and emotional well-being.—"Aging in America: Staying Active and Involved Is Key to Productive Aging," Social Work Advocates, December 2019/January 2020

are trained to be friendly phone companions to those seeking contact with others during this challenging time.

Program Roles

The program coordinator enrolls residents into program, trains volunteers, matches volunteers and residents and provides support.

Volunteers provide the socialization component (visits, calls). To volunteer, residents must meet with the program coordinator, complete training, agree to a background check, visit/call matched participant on a weekly basis, submit monthly reports and attend monthly meetings.

The social worker addresses all other needs, including providing information and resources like transportation and meal options, caregiver services, etc. This position is funded by the Council on Aging - Southern CA.

Common causes of isolation:

- Hearing loss
- Older adults who struggle financially
- Reduced mobility that limits driving or leaving the home
- · Major life changes like death of a spouse
- Lack of family or friends nearby to provide support

Common effects of isolation:

- Weakened immune system
- Cognitive decline
- Depression and anxiety

THE PROGRAM COORDINATOR



FVP Coordinator Cathy Villafana in the Social Services Division works with new participants and explains how the Friendly Visitor program works. She also recruits and trains the volunteers in their role. Once she matches both parties, she supports the volunteers in

their role. "I am always happy when the two hit it off, but I get most excited when they bring out the best in each other," Cathy says. "I hear this when I talk to the participants, the volunteers and even family members. This program really benefits everyone involved."

If you are interested in being a volunteer or a participant (receive visits/calls), contact Cathy at 949-597-4376 or cathy.villafana@vmsinc.org.

THE SOCIAL WORKER



Through the partnership with the Council on Aging - Southern CA and Laguna Woods Village Social Services Division, Chelsea Marshello, MSW, joined the team as a new social worker focused on addressing isolation and improving the overall well-being of

Village residents through the FVP. Residents who are more isolated, lonely and/or lack social support, as well as people interested in becoming an FVP participant, are often assigned to Chelsea. She conducts initial in-home needs assessments to determine goals and areas of focus, and offers appropriate resources and referrals, assists with coordination of care and provides short-term therapy. Support is ongoing as needs arise. For FVP participants, Chelsea and Cathy team up to keep current on participants and address unmet needs. "Our FVP volunteers are instrumental in keeping us informed of any changes or concerns with participants," Chelsea says. "Together, we strive to provide the best possible support for residents!"



OUR HOSTESS WITH THE MOSTEST



Get to know one of Village Television's most friendly and familiar faces.

How long have you worked as a host at Village Television?

For more than two years, but I have been in the television broadcast business for more than 20.

What did you do before you worked for Village Television?

I produced and hosted my own TV program called "Discover Orange County." I highlighted things to do and people to meet, and went behind the scenes all over Orange County. One of my favorite

episodes was when we were treated like VIPs at Angel Stadium. Ex-Angel Bobby Grich was my guest cohost, and we had a blast. Took us a while to get the episode shot, as the Angels were in season and they kept coming into the locker room.

You have done so many interviews. Is there one that stands out?

We have shot more than 2,500 since I have been here, and I enjoyed them all. It's hard to



choose just one; each one has its own feel.

I enjoy our new "In the Neighborhood" segments, which bring residents to the forefront—

Stan Chambers Talks TV History

The late Stanley Holroyd "Stan" Chambers visited Village Television on May 24, 2004, and was interviewed for "This Day" by thentelevision host Rob Merritt. Chambers spoke about the history of television and his tenure with Los Angeles' KTLA from 1947 to 2010. Watch the original interview at bit.ly/3e1xg45.



everyone talks together, and it is super fun to get to know the residents this way.

One of our recent segments featured four residents, and each one had something special they were doing. Lee MacMorris shared her beautiful crocheted blanket, and Karen Elliott showed us her delightful little doll house she decorated. We plan to continue with them, and I look forward to meeting more residents.

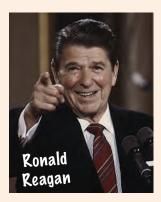
How do you develop content?

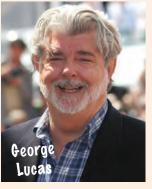
I like to find information that helps our residents enjoy Southern California living, and the whole Village Television staff likes to feature residents who are doing good for others and for our community, as well as the many businesses in our area that offer specials and/or services specific to our residents.

During the initial COVID-19 shutdown, we have a team of three in the studio while the rest work from home. Production Coordinator Brittany Tuohy, the Media and Communications Department and I came up with ideas that we could share with our viewers. Things residents

TV6'S FAMOUS FACES

Over the years, Channel 6 has interviewed such dignitaries and celebrities as Cloris Leachman, Barbara Rush, Robert Goulet, Dan Quayle, Ronald Reagan, Dan Gurney, George Lucas and Molly Ringwald to name just a few.







could do at home, like cooking, baking, cleaning tips, music concerts, games ... the list goes on. We tried to find new things every day for their enjoyment.

VMS CEO Jeff Parker visited with us on-set three times a week to provide viewers with valuable information from the Orange County Health Care Agency as well as Village updates. I became the Zoom expert, conducting at least two Zoom interviews a day to air on "This Day." Our entire

Village Television staff—Paul Ortiz, Markus Weiss, Brittany Tuohy, Jon Noell, Michelle Mitzel, Dave DeSantis and PJ Higgins—plays a huge part in keeping our studio up and running, and our station full of great content to watch.

You also host "Your Health"—tell us more.

"Your Health" came about when Media Services 55 Vice President of Sales and Marketing Jon Noell and I were talking about all the hospitals, doctors and medical specialists we have had on "This Day." It's a talk showstyle program that touches on medical issues and cutting-edge technology featuring our local medical, health and wellness experts. We wanted to give these professionals additional time to discuss their specialties. It's a great way for everyone to become more informed.





PROBLEMS SOLVED

Yes! Laguna Woods Village has its own U.S. Post Office.

Where can I find the rules for mv mutual?

Third and United each have their own distinct set of operating rules that can be found on the Village website at **Documents** > (select your) Mutual > **Operating Rules.**

These unpredictable times have made me want to get my estate in order. What do my heirs and I have to know regarding my estate plan and the Village?

Estate planning is a complicated matter and should be handled by a professional. Third and United each have factors to consider during your planning. Go to the website > Documents > Select your mutual > Estate **Heirs and Transfers**. These comprehensive questions and answers provide helpful information as it relates to the community.

We are thinking about buying an RV; does the Village have a place to park one?

There are two recreation vehicle (RV) storage areas in the Village. One is located at Moulton Parkway near Ridge Route Drive; the other is on Via Campo Verde off of Moulton Parkway. Trucks, trailers, vans, boats and other recreational vehicles as defined in the California Vehicle Code may be stored in RV lots by owners who are Laguna Woods Village residents. RV parking is not permitted in residential areas, except during loading and unloading for a period not to exceed six hours. The rules, established by GRF and the mutual corporations, require that all such vehicles be parked in the RV lots. Contact Laguna Woods Village Security to arrange for RV rental space at 949-268-2284.

Does the Village have a post office?

Yes! The Laguna Woods Village U.S. Post Office substation, open to Village residents Monday through Friday from 10 a.m. to 3:30 p.m. (closed for lunch from 11:45 a.m. to 12:15 p.m.), is located at the back of the parking lot of the Laguna Woods Village Performing Arts Center.

How will I know when our building is going to be painted?

Third and United both have a document called the Maintenance and Construction Project Log, which provides status details on all Maintenance and Construction projects that are or will be taking place in the Village. The logs are updated monthly and are located on the website under Residents > **Maintenance and Landscaping** > Maintenance Project Logs.

Find the rules for your mutual on the Village website. Go to **Documents** > **Select your mutual > Operating Rules.**

BEYOND THE GATES

A LOT OF **GARDEN IN A** LITTLE PLOT



A short drive North on Pacific Coast Highway lies Sherman Library & Gardens, one of Southern California's brightest garden gems in a 2.2-acre space.

The garden got its roots in 1955 when Arnold D. Haskell bought nursery property and eventually named the space after Haskell's mentor and benefactor, M.H. Sherman. Today, small in space but spectacular in features, the gardens include a number of seasonal flower beds, fountains, patios, conservatories and various themed gardens: The fern grotto, the cactus and succulent garden, the Japanese garden, the rose garden and the herb garden.

The historical research library specializes in Pacific Southwest history, and its collections document the region through archival collections, photographs, maps, newspapers and books, of which there are 15,000 volumes.

The art collection features plein air paintings by area artists, including William Wendt, Edgar Payne, Clarence Hinkle, Anna Hills and more.

The Garden Shop offers items of interest for all garden visitors,

including greeting and note cards, kitchenware, recipe and garden books, paper goods, home décor, body products and more.

As of press time, tickets are available through advanced online purchase at thesherman.org for contactless entry. No advance reservation necessary for members. All guests must have a face covering with them. For \$40 per year, seniors can enjoy a 15% Garden Shop discount, free admission to 250+ U.S. botanical gardens, a 10% discount at Rogers Gardens and Armstrong's Nursery, reduced entry fees for guests and more. Call 949-673-2261 or visit thesherman.org.





PLAN YOUR VISIT

Hours: 10:30 a.m. to 4 p.m. daily, except major holidays; library is closed temporarily.

Admission: \$5; members are free

Details

2647 East Coast Highway Corona del Mar, CA 92625



WHERE IN THE VILLAGE ARE THE CREWS?

How to use maintenance crew area assignment maps



Within these areas, work is divided into separate tasks: shrub bed, turf, slope and tree maintenance. All of the maintenance tasks vary by season, e.g., grass is mowed less but more shrub bed maintenance is performed during winter months; the opposite is the case in summer months.

The maps show the quarterly shrub-bed maintenance cycle; the arrows on the maps highlight the path the crews follow each quarter. To estimate when maintenance crews will be working in relation to your building, review the current two-week Village landscaping schedule at bit.ly/2AAZRiO to determine where crews are currently, and then estimate when they will be working near your residence. If your section is not listed, crews may be assisting other sections.



Rid your patio garden of pesky weeds without chemicals.

- **By hand.** First loosen the weed's roots from the soil with a claw or sharp trowel, and then pull it completely out by the root. Wear gloves to avoid transferring seeds elsewhere in your garden.
- **Mulch.** Mulch works in two ways. It blocks weed seeds from the soil and also keeps sunlight from reaching any seeds that are already in the soil and prevents them from sprouting.

 Mulch also retains moisture and breaks down to enrich the soil.
- **Vinegar.** Like all-natural herbicides, vinegar kills other plants, too, so be careful where you apply it. Apply vinegar with a spray bottle, pump sprayer or brush. Work during times with plenty of sun and little wind (early morning is good) to avoid contaminating nearby plants.
- **Salt.** A small amount of salt at the base of each weed works great to rid your garden of these pesty plants. Salt renders the soil uninhabitable for several months, so apply it in small amounts only on the weeds.
- **Cornmeal.** Corn gluten meal works like birth control for seeds. Sprinkle it on your garden to keep weed seeds from germinating. Hold off using it in vegetable gardens until the plants are well established.
- Herbicidal soap. Mix equal parts vinegar, salt and dish soap
 to create a weed-killing herbicidal soap. Use a spray bottle
 to apply it to weeds, being careful not to get the solution on
 other plants in your garden.

MAINTENANCE & CONSTRUCTION

Pon't overload dryers. Clothes need room to tumble freely for efficient drying and wrinkle prevention.

LAUNDRY LIST

Proper use of Village washers and dryers saves maintenance—and money.

Washers

- Don't overload the machine, and never wash carpets, mats, shoes, etc., in these washers.
- Try your best to evenly distribute the weight of your clothes. This unit will spin up to 40 times a minute and is designed to automatically shut off to prevent damage when a load is unbalanced.
- Never place grease-laden rags in the units—your neighbors will be using the unit after you.
- Consider using high-efficiency detergent, and make sure to follow manufacturer's recommendations. A sensor will shut off the machine if there are too many bubbles.

• There is a small delay between pressing the start button and when the machine begins spinning. Do not

multiple times.

• Leave the door open after use to prevent growth of bacteria, mold, etc.

press the button harder or

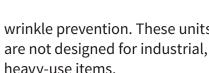


- Shake and inspect each garment to untangle it before transferring it from the washer to the drver.
- Don't overload the machine. Clothes need room to tumble freely for efficient drying and

- wrinkle prevention. These units are not designed for industrial, heavy-use items.
- Make sure the lint filter is clean. A dirty filter will limit air flow and lengthen drying time.
- Set a mental reminder of when your load will finish drying. Removing clothes promptly from the dryer helps eliminate wrinkles and allows vour neighbors to use the machine faster.
- Do not to slam the door—this will damage the door sensor.









90 GOLF CARTS JOINED THE BIG PARADE!

July 4 saw a strong show of patriotism, celebration and neighborliness.

On Saturday, July 4, more than 90 golf carts joined the big patriotic golf cart parade held in lieu of the Village's annual Independence Day concert. The display of spirit for country and community was an awesome sight, and a fun time was had by participants and spectators alike.

Two parade routes, one starting from Clubhouse 1 and another starting from Clubhouse 5, ensured the

entire community had the opportunity to take part. Participants from both routes vied for prizes for golf carts decorated in a "Most Creative" and "Most Patriotic" fashion.

From Clubhouse 1, where 60 golf carts joined the parade, Joe Camera secured the "Most Patriotic" prize, and Bill Wilson won "Most Creative" for his artistic vision. From Clubhouse 5, where 34 golf carts showed strong spirit, Patrick Eldridge and his mom Marlene

earned "Most Patriotic," and Emily Tosh was honored with "Most Creative."

Winners received certificates for dinner for two at Restaurant 19.

"This Fourth of July we were honored to host a patriotic

Patrick Eldridge and his mom Marlene (left), and Emily Tosh (far left), who participated in the Clubhouse 5 route, won "Most Partiotic" and "Most Creative," respectively, for their golf cart designs.







Joe Camera (top) and Bill Wilson (bottom), who participated in the Clubhouse 1 parade route, won the "Most Patriotic" and "Most Creative" golf cart prizes, respectively.





golf cart parade through the community in lieu of the annual concert event," said Brian Gruner, director of the Department of Recreation and Special Events. "There were so many wonderfully decorated golf carts. This made it especially difficult to determine winners. We have received many positive comments, and we were happy to see participants and spectators practicing social distancing and wearing masks to keep each other safe. Laguna Woods Village is a community that consistently shows pride in country and truly cares for all neighbors."

ABBA, NEIL DIAMOND AND CHAMPAGNE POPS

Shows not canceled; ticket holders can use in future or receive refund

If you are a ticket holder to California Club's Neil Diamond Tribute, Chicago Club's ABBA Tribute or the Champagne Pops Men of Motown and Bee Gees Gold, please note that the shows are not canceled. You can hold on to your ticket to use in the future. If you prefer a refund, please contact the Performing Arts Center box dfice at 949-597-4288 for over-the-phone refund processing. Please be aware that if you are a Champagne Pops season subscriber and request a refund, you will lose your season seats for future shows.

For more information, email **recreation**@ vmsinc.org or call 949-597-4288.





RECREATION

UPDATE: GOLF COURSES, DRIVING RANGE, PICKLEBALL, PADDLE TENNIS, POOLS 2 & 5

Golf Courses and Driving Range

- Open from 7 a.m. to 6 p.m. daily.
- Schedule Monday, Thursday, Friday, Saturday and Sunday tee times seven days in advance beginning at 6:15 a.m.
- Schedule Tuesday and Wednesday tee times on Saturday prior after 10 a.m.
- One tee time can be scheduled per telephone call to 949-597- 4336.
- View the complete plan that outlines provisions and expectations for use of the golf courses and the driving range, "Conditional Reopening of Golf Courses and Driving Range," visit bit.ly/2YY9qlV.

Tennis Center

- Open daily from 7 a.m. to noon. and 4 to 8 p.m.
- Make required reservations one day in advance beginning at 8 a.m. at 949-268-2481; one reservation can be scheduled per call.
- View the complete plan that outlines provisions and expectations for use of the Tennis Center, "Conditional Reopening of the Tennis Center," at bit.ly/2Wrv5kP.

Pickleball

- Open from 7 a.m. to noon and 4 to 8 p.m.
 Mondays, Wednesdays and Fridays, and the second and fourth Saturdays of the month.
- Make required reservations one day in advance during weekdays from 1 to 2 p.m. at 949-268-2274; one reservation can be scheduled per call.
- View the complete plan that outlines provisions and expectations for use of the pickleball facility, "Conditional Reopening of the Pickleball Facility," at bit.ly/2zW1DKN.

Pickleball and paddle tennis are now open for doubles matches, and lawn bowling offers evening hours on Mondays and Wednesdays!

Paddle Tennis

- Open from 7 a.m. to noon and 4 to 8 p.m. Tuesdays and Thursdays, and the first and third Saturday of the month.
- Make required reservations one day in advance during weekdays from 1 to 2 p.m. at 949-268-2274; one reservation can be scheduled per call.
- View the complete plan that outlines provisions and expectations for use of the paddle tennis facility, "Conditional Reopening of the Paddle Tennis Facility," at bit.ly/2TwSzD3.

Pools 2 and 5

- Pool 2 is open from 7 a.m. to 7 p.m., Monday through Friday, and 7 a.m. to 9 p.m., Saturday and Sunday; opening at 9 a.m. on Wednesday morning due to weekly maintenance.
- Pool 5 is open from 7 a.m. to 9 p.m. daily; opens 9 a.m. on Thursday morning due to weekly maintenance.
- Advance reservations are required. No walkins permitted. Swimmers can call the pool reservation line at 949-597-4382 or send an email with a request for a pool reservation to swimreservations@vmsinc.org. The swim reservations email will be monitored Monday through Friday from 10 a.m. to 4 p.m. When submitting your pool reservation request via email, provide your first and last name, resident ID number, telephone number, preferred pool and time of day you would prefer to swim. Staff will respond to your email with a telephone call to schedule your exact time. Next-day reservations are available; for next-day reservations, Recreation will take reservations for Saturday, Sunday and Monday the Friday prior.
- View the complete plan that outlines provisions and expectations for use of Pools 2 and 5, "Conditional Reopening of Pools 2 and 5 Only," at bit.ly/2ZMqFVR.







Our charming and unique facility offers boarding for resident-owned/leased horses and a riding program for residents and their sponsored guests. The facility's intimate and immaculately maintained boutique stables feature old Kentucky style architecture in a parklike setting with easy access to El Toro Road.

Boarding a horse includes a 12-by-12-foot enclosed concrete stall with a wooden Dutch door, a year-round fly system, once-daily mucking, twice-daily feeding, thrice-weekly shaving bag delivery, an assigned tack room or tack shed area, and more.



Equestrian Center Amenities

- Extra-large, lighted circular arena
- Small circular arena
- Four-horse hot walker
- Sunning pens
- Hot and cold water wash rack
- Community feed room
- Washer and dryer for use
- Upgraded restrooms
- Urban trails and community bridle paths
- Hospitality room with all-day coffee
- Horse trailer storage (additional fee)
- Riding lessons available (additional fee)



- Riding lessons (Western dressage)
- Guided trail rides
- Yearly events
 - Exhibition Horse Show
 - Boarder and Rider Playday
 - Easter at the Equestrian Center
 - Harvest Hoedown
- Saddle Club (social club)



Facility Fees

Laguna Woods Village

Currently, the basic boarding is \$249 per month, horse trailer storage is \$160 annually, and per-feeding per-month fees range from \$36 to \$96, depending upon feed type.



Equestrian Center hours are Wednesdays through Sundays from 7 a.m. to 4 p.m. For more information, call the Equestrian Center at 949-597-4275.



YOUR GUIDE PHONE SYSTEM



How it works:

- Call 949-597-4659
- Select the option that relates to the purpose of the phone call
 - Option 1 General information
 - Option 2 Request stop for fixed route
 - Option 3 Boost rides
 - Option 4 Journey rides
 - Option 5 Destination shopping
- When choosing Option 4 for Journey rides, please leave a detailed message; Transportation staff will call back with a confirmation

Call 949-597-4659

Email ride@vmsinc.org

Visit lagunawoodsvillage.com/ amenities/transportation

Board a fixed-route bus:

- Main hub is Clubhouse 1
- Scan your Village ID when you board the bus
- Be on the designated route street in your neighborhood with your ID in hand and wave to driver when you see the bus approaching
- Village drivers will stop to pick up in safe and clear location

Make a "request stop" on the fixed-route system:

- For neighborhood routes, call Transportation if you need a pickup (available only if you reside in a cul-de-sac that is a designated request-only stop)
- For commercial routes, advise the driver of your request when boarding the bus; if you need a return pickup, tell the driver or call Transportation to place your request

The "overflow" bus:

 Overflow is used on an as-needed basis for onboard residents on the last commercial route run of the day

Always carry your resident ID! No ID = No Ride

Residents should use the residential bus at 4:30 p.m. to ride home unless they have prior arrangements to go home after 5 p.m.

Journey program qualifications:

- Call Transportation to request a Journey application
- Transportation staff will collect your information and place you on the earliest available monthly assessment
- Transportation staff will call to advise applicant of the day and time of the assessment appointment one week prior
- A bus will pick up residents and return them home when the assessment is complete
- An approval letter will be mailed with rules and procedures to schedule Journey rides after approval

Boost access code:

 Enter LWVBOOST under promo code in the application settings feature

Boost without a smartphone:

Call Transportation to schedule Boost trips

No-show Boost drivers:

- Call Transportation for assistance
- Be specific about your location when scheduling Boost rides

Times listed on the daily boarding schedule are estimated departures from your location; please be at your pickup location 5 minutes prior to the scheduled pickup time.



BUS BOARDING

- Wait for the door to open and the ramp to be deployed before entering or exiting the bus; allow current passengers to disembark first.
- Do not block entryways, ramp areas and aisles.
- Notify the driver of bus transfers or other requests upon entering the bus.
- Do not move from your seat while the bus is in motion or stopped at a stop light or stop sign. The bus will not move until all passengers are seated.
- Do not talk to the bus driver while the bus is in motion.
- Ring the buzzer/bell before reaching your desired destination or transfer point.



For Mutual Benefit

News and updates from the Laguna Woods Village Boards of Directors

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The Towers





GRF Board of Directors

The Golden Rain Foundation of **Laguna Woods Board of Directors** meets the first Tuesday of each month at 9:30 a.m.

Bunny Carpenter President, 2019-2022

Egon Garthoffner First Vice President, 2019-2022

Bert Moldow Second Vice President, 2017-2020

Judith Troutman Secretary, 2018-2020

James Hopkins Director, 2020-2022

Yvonne Horton Director, 2019-2022

James Matson Director, 2017-2020

Gan Mukhopadhyay Director, 2020-2021

Jon Pearlstone Director, 2020-2021

Sue Stephens Director, 2020

Don Tibbetts Director, 2018-2021



GRF: WHAT IS IT AND WHAT DOES IT DO?

The Golden Rain Foundation (GRF) is a nonprofit mutual benefit corporation organized under the nonprofit mutual benefit corporation law. GRF is responsible for seven clubhouses, five pools, two fitness centers, the equestrian center and trails, two garden centers, two golf courses, the tennis complex, pickleball, lawn bowling and bocce courts, plus the fine arts and crafts facilities. GRF oversees important resident services, including the private bus system, security patrols, gates, cable system, roads, parking lots and all common building and property maintenance. GRF also oversees the Village's extensive social and recreational programs.

GRF is governed by a board of directors of resident members elected by the members of three mutual housing boards; directors serve three-year overlapping terms. Approximately one-third of the board seats are filled by annual election. Each member of a mutual corporation is a resident member of Golden Rain Foundation of Laguna Woods. Members of the boards of the mutual housing corporations exercise the voting power for electing members of the GRF board.

GRF does not control or have authority over the housing mutuals. It exists to manage all common property and services for the benefit of members of either Third, United or Mutual No. 50.

Most of GRF's work takes place within committees, which bring issues and recommendations to the board for action. Members are encouraged to become acquainted with the committees and to bring comments, questions and concerns to the appropriate group.

- Business Plan Committee. Meets as needed. Reviews the preliminary business plan for the upcoming year.
- Community Activities Committee. Meets second Thursday, monthly, 1:30 p.m. Ensures residents safely remain fit, engaged and entertained. Pertains to recreation events and facilities.



- Disaster Preparedness Task Force. Meets first Wednesday, odd months, 1:30 p.m. Volunteers who function under GRF and in cooperation with the Department of Security Services. Keeps residents aware, informed and prepared for major disasters.
- Finance Committee. Meets third Wednesday, even months, 1:30 p.m. Reviews capital requirements, service levels and projected revenues related to the Department of Financial Services and recommends appropriate action to the GRF Business Planning Committee.
- Mobility & Vehicles Committee. Meets first Wednesday, even months, 1:30 p.m. Liaison between GRF and VMS for all transportation issues; ensures transportation services meet community needs.
- Laguna Woods Traffic Hearings. Meets third Wednesday monthly, 9:30 a.m. and 1 p.m. Ensures traffic violations are considered and judged fairly.
- Landscape Committee. Meets second Wednesday, quarterly, 1:30 p.m. Maintains 21 acres with the goal of beautiful, healthy and ecologically responsible landscape.
- Maintenance & Construction Committee. Meets second Wednesday, even months, 9:30 a.m. Oversees responsibilities for buildings and facilities belonging to GRF that need constant upkeep to remain pleasing and safe.
- Media & Communication Committee. Meets third Monday monthly, 1:30 p.m. Ensures residents and employees remain aware and informed on all important issues and concerns while partnering with internal media services and external media sources to ensure that all communications are conveyed accurately and in a timely manner.
- Security & Community Access Committee. Meets fourth Monday, even months, 1:30 p.m. Ensures all residents remain safe and sound.

VEW REAL-TIME, PAST BOARD MEETINGS, AGENDAS

As the number of new cases of COVID-19 continue to rise in Orange County, Village meetings will continue to be held in a virtual format.

Go to lagunawoodsvillage.com/meetings to view upcoming events, board meetings in progress or past board meetings for GRF, Third and United. All meetings are indexed to the accompanying agenda documents and backup materials. Meetings are arranged by date, with the most recent at the top of the list. Click Video to watch the meetings and view agenda documents, or Agenda to see the documents and backup materials.

Video recordings of the meetings are also posted to the Village Television YouTube channel (youtube.com/user/LagunaWoodsVlg).

Most of GRF's work takes place within committees, which bring issues and recommendations to the board for action. Members are encouraged to become acquainted with the committees and to bring comments, questions and concerns to the appropriate group.



Third Board of Directors

The Third Laguna Hills Board of Directors meets the third Tuesday of each month at 9:30 a.m.

Steve Parsons President, 2019-2022

Annie McCary First Vice President, 2019-2020

Cusrow "Cush" Bhada Second Vice President, 2019-2022

Lynn Jarrett Secretary, 2018-2021

Robert Mutchnick Treasurer, 2019-2020

Ralph Engdahl Director, 2019-2022

John Frankel Director, 2017-2020

Doug Gibson Director, 2020

Reza Karimi Director, 2019-2021

Craig Wayne Director, 2019-2022

MAJOR HAPPENINGS AT THIRD'S MAY/JUNE **MEETINGS**

By Lynn Jarrett, Director and Secretary

In May:

- Ratified Third Mutual's preliminary financials for March
- Landscape revision for artificial turf at 5598-A Vista del Mando
- Tree removal request at 3163-D Alta Vista
- Tree removal request at 3306-P Via Carrizo
- Tree removal request at 5537-B Via La Mesa
- Reduce funding for nine projects/programs for 2020 fiscal year
- Resolution to change election day
- Resolution revising Third Mutual & GRF committee assignments

In June:

- Ratified Third Mutual's preliminary April financials
- Off-schedule tree trimming at 3337-1G Punta Alta
- Resolution to record lien against member ID# 931-590-42
- Presentation given by director of Orange County Mosquito and Vector Control

Watch, Participate in Board Meetings

During the COVID-19 pandemic, board meetings are broadcast via Village Television (TV6) and at lagunawoodsvillage.com/meetings (committee meetings are broadcast at lagunawoodsvillage.com/ meetings only). Expect a 20-second delay when watching board meetings. Owner members are invited to participate remotely either by calling 949-268-2020 or emailing meeting@vmsinc.org.



PREVENT MOSQUITO INFESTATION AT YOUR UNIT

By Lynn Jarrett, Director and Secretary

For years we've heard about West Nile virus—yet another deadly virus that can cause us great harm. Now we're hearing that West Nile is appearing not only in Orange County but also is in bordering Los Angeles, San Diego and Riverside counties.

There are several kinds of very harmful mosquitoes in our environment that can be deadly. The newest one to invade Orange County is the very small *Aedes aegypti.* These day-biting invasive, container breeders lay their eggs in toys, soda cans and even trash, and can breed in as little time as one week.

It is generally thought that only

one mosquito species is primarily driving the outbreak, and that the mosquito, the Aedes aegypti, preferentially bites humans. They pick up the virus from feeding on infected birds and then pass it on to other animals or people.

Mosquitoes, which can complete their life cycle in about five to seven days, need stagnant water to complete their life cycle, but eggs can survive without water for several years.

According to City of Laguna Woods Mayor Pro Tem and Trustee of the Orange County Vector Control Shari Horne: "There are a lot of mosquitoes from early rains and the heat. Each one of us can do

a lot to prevent mosquitoes from breeding around us. They don't fly very far, so it is important to be vigilant around your own manor. The number-one breeding place for mosquitoes is the water that collects in our plant saucers. Once the water disappears, they sense it and lay their eggs, and when water returns, they hatch within days. Empty that water within a couple of days, either back into the plant or into the landscaping.

"Water evaporates most quickly from plain clay saucers. If you go to the supermarket, get a few sheets of the absorbent paper the butcher places under meat or fish. I find that placing that paper under your plant, in a clay saucer, helps soak up excess water. Try not to over water. Inside or outside your manor, drain standing water—even glasses of water that are rooting plant sprigs and watering cans. Empty and scrub pet bowls weekly. Monitor fountains or bird baths around your home. I'm holding my breath and hoping we have a mild year."

Further, check for any container that collects rain or sprinkler water, and do not grow plants in water-filled buckets or vases even indoors. Consider removing saucers from under potted plants. Remove bromeliads and other plants that naturally hold water. Scrub containers that have held water with hot, soapy water to kill mosquito eggs. Store those containers in a dry place.

Reduce clutter and talk to your neighbors, as mosquito control is a





SMOKE-FREE BUILDINGS POSSIBLE SOON

By Lynn Jarrett, Director and Secretary

After many meetings involving several members over the past four years, a resolution to provide a comprehensive policy for smoke-free buildings in Third was recently brought forward to Third Board for approval. Third members hopefully will approve that resolution at the August 16 meeting following a 28-day postponement to comply with civil code.

The purpose of a smoke-free building designation policy and procedure is to provide for a systematic, fair and reasonable way to designate buildings as nonsmoking. Consulting with Third's legal counsel, the board determined that if specific terms, conditions and requirements are met, Third's multi-unit buildings can be permanently designated as "smoke free."

For the purposes of designating any building as smoke free, "smoking" shall mean inhaling, exhaling, burning, holding or carrying any lighted cigarette, cigar, cigarillo, pipe or other lighted smoking device for burning tobacco, or any other plant product (including, but not limited to, marijuana) in any manner or in any form. Smoking also includes the inhaling, exhaling, burning, carrying or use of electronic cigarettes and/or vaping devices, hookahs, any other tobacco or nicotine product, marijuana (including medical marijuana) and/or legal or illegal substances.

If a building is designated smoke free, no smoking shall be permitted in any area of the building, including its common areas. By following these rules, all residents will be protected against breathing in second-hand smoke.

The process includes all member owners of a building signing a petition and agreement form. Every owner must agree to the process. Third will prepare for all applicable members to sign an "Agreement and Covenant to Run with Land (Nonsmoking Building Designation)," which must be notarized and recorded against each applicable member's mailing address on record. Each applicable member shall be responsible for the costs incurred by Third for the preparation and recording of the covenant for their unit. Costs are estimated to be a one-time \$225 fee while owning that unit. After the covenants are signed and executed, all applicable members will be called to a hearing with Third to confirm that none of them oppose the designation of their building. If any member opposes the petition at the hearing, the board will deny the petition.

It's mandatory that each and every member of the petitioning building go through the approval process and record their covenant. After the end of the entire process, all owner members, lessees and/ or guests will be bound by these rules permanently.

Signs will be posted on the building, and the Village website will contain information on these buildings. A resale disclosure will be established to make buyers aware that a unit being purchased is in a designated smoke-free building, although it's the owner's responsibility to inform the unit purchaser. Any future buyer must pay to record the covenant that runs with the land. An internal procedure for notifications during the resale process will be put into place. Stay tuned for approval of this resolution.

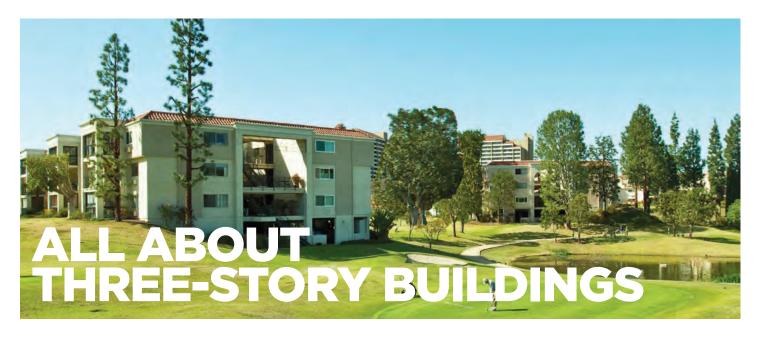
shared responsibility. You may apply EPA-registered insect repellent to exposed skin when outdoors. Close all unscreened doors and windows to prevent mosquitoes from

entering your home or space. Repair broken or damaged screens.

So far, no Aedes mosquito in Southern California is known to have transmitted a disease to

humans, but Vector Control has a game plan in case that does occur. Visit the Orange County Vector Control website at ocvector.org for more information.





By Stuart Hack, GVA President

The Garden Villa Association (GVA) represents all of the residents of thee-story buildings in Laguna Woods Village. There are many variations of these buildings that sometimes causes confusion. The two main categories are LH-21 and Garden Villa buildings.

LH-21 BUILDINGS Common amenities:

- Elevator
- Laundry rooms on each floor
- Common storage areas on second and third floors
- Carport with storage unit
- · Seven units per floor

Unit types: 1 bedroom/1 bath, 2 bedroom/1.75 bath and 3 bedroom/1.75 bath

GARDEN VILLA BUILDINGS Common amenities:

 Underground parking, with storage cabinet and space for golf cart and electrical outlet for charging

- Recreation room
- Mail room
- Elevator
- Lobby
- Laundry room on each floor
- 24 manors per building (except buildings with penthouses, which have 22 units)

Unit types: 1 bedroom/1 bath, 2 bedroom/1.75 baths, 3 bedroom/1.75 baths and eat-in kitchen, 3 bedrooms/2.75 baths, penthouse 3 bedrooms/2.5 baths/2 balconies

Because of the different amenities and configurations,

three-story buildings have areas of concern that are distinct from other manors in Laguna Woods Village. GVA is dedicated to serving all of its members. It does so through a hierarchy of communication that begins with an elected building captain for each building, seven regional representatives with responsibility to support groups of building captains, a board of governors and officers. Visit the GVA website at lagunawoodsvillage.com/ amenities/clubs/gardenvilla-association for more information.

Reach Stuart Hack, GVA President, at gvalwv@gmail.com or 949-212-7028.



United Board of Directors

The United Laguna Woods **Mutual Board of Directors** meets the second Tuesday of each month at 9:30 a.m.

Sue Margolis President, 2018-2021

Carl Randazzo First Vice President, 2018-2021

Andre Torng Second Vice President, 2019-2022

Juanita Skillman Secretary, 2017-2020

Brian Gilmore Treasurer, 2019-2022

Prakash "Cash" Achrekar Director, 2017-2020

Elsie Addington Director, 2018-2021

Neda Ardani Director, 2019-2022

Manuel Armendariz Director, 2017-2020

Reza Bastani Director, 2017-2020

Anthony Liberatore Director, 2018-2021

UPWARD AND ONWARD



By Sue Margolis, President

Eight months ago, the United board put together a list of projects that we wanted to accomplish with support from the VMS staff. During this period the staff and the board have accomplished quite a bit in spite of the difficulties lately of not having face-to-face meetings.

- Finance: One of the most important accomplishments is that we are now able to monitor all funds, even if they are comingled. Two board members are now observing and signing off on all checks coming out of the reserve. This means we are finally compliant with section 5500 of the Davis-Stirling act.
- Maintenance and Construction: United has found a sustainable solution to continue the well-liked handyman program. However, due to COVID-19, it has not been implemented completely. There also is a project to determine the causes of moisture intrusion—one of largest costs depleting our contingency fund.
- Landscaping: We asked that a map be posted to our website so residents can find out when each area was to undergo work. Also, many of the tasks where we had staff shortages have been contracted out at a lower cost.
- Architecture: United is working on a number of projects: Inspection procedures, asbestos removal and trying to make the process between the City of Laguna Woods and VMS seamless.
- Governing Documents: The goal was to make the operating rules simpler to understand and quicker to access. So far, a matrix of all the rules has been put together. The committee has worked on the resolutions supporting the new laws and best practices.
- Media and Communications: We have supported the magazine. The board has chosen the motto "Kindness is the best policy."
- Compliance: United is trying to find a way to resolve the longstanding problems that may have frustrated residents for years. VMS will be more empathetic to our law-abiding constituents.
- Resident Services: Automatic feedback for work orders has been implemented, and VMS was on track to reducing the work-order time to completion up until COVID-19 hit.

If you as a resident have a process or problem that you think the United Board of Directors needs to work on, we are open to suggestions and welcome your input.





POTTY TRAINING

By Elsie Addington, Director

It is now high summer, and, due to rate increases, United Mutual is paying approximately 21% more for a gallon of water than we did two years ago. United assessments alone pay more than \$100,000 per month for water! However, there are ways to easily reduce water consumption, and having more water-efficient toilets in our manors is one of the best.

The California Civil Code and the Uniform Plumbing Code mandated that all high-water usage toilets in residential properties be replaced with a more water-conserving plumbing fixture on or before January 1, 2019. In 2015, United Mutual began a fouryear program that required the standard toilet with a 1.6 gallons per flush (GPF) volume (or even

more, if older toilets are used) be replaced with a 1.28 GPF toilet, saving .32 gallons per flush. That represents a savings of a gallon a day per person!

During the four-year program, staff replaced 4,874 toilets. Even though the program is now complete, staff still budgets for a few low-flow toilet replacements each year for those that were not replaced during the program.

Residents with alteration toilets may purchase a low-flow toilet (1.28 GPF) at any retailer. Once full services resume in the Village, toilet installations will be offered as a chargeable service.

If residents choose to purchase an ultra-low flush toilet (1.06 GPF) they may be eligible for a rebate through El Toro Water District, Visit ocwatersmart.com for more details.

RESOLUTIONS PASSED AT MEETING

- Approved singlesourcing a contract to UniLect Corp. to perform inspectors of election services for the 2020 annual meeting of the corporate members
- Authorized the extension of the 2020 election schedule and hereby sets Tuesday, November 3, 2020, as the date upon which, if quorum is achieved, where ballots would be opened and counted at 9:30 a.m. for the election of directors, and Tuesday, November 10, 2020, at 9:30 a.m. as the date and time of the annual meeting of mutual members and the organizational meeting for the newly elected directors



WEKNOW WATER DOESN'T GROW ON TREES, RIGHT?

By Elsie Addington, Director

California is currently not in drought status, but that status is misleading. The National Oceanic and Atmospheric Administration (NOAA) is the government entity that studies weather and tracks phenomena like droughts. NOAA's most recent information tells us that large patches of the West Coast are still in drought status; most of California and Oregon, and much of Washington, are in "drought development likely" status for the period February-May 2020 and beyond. The Four Corner States—Utah, Colorado, Arizona and New Mexico—are either in drought currently or likely to be soon. What does this mean to us in "drought-free" SoCal?

Most of our water comes from snowpack and rivers in Northern California; some of it comes from the Colorado River. The part of California that produces water is all in the "drought development

likely" part of the state, and the Colorado River comes from—surprise—Colorado, one of the Four Corner States. So, drought in Central and Northern California, Colorado and Utah directly affects our water supply. See more at water.ca.gov/Water-Basics/The-California-Water-System.

This table is for United Mutual alone, for the periods indicated:

| | USAGE/CCF (HUNDRED CUBIC FEET) | EXPENSE TO MUTUAL |
|---------------------|--------------------------------------|----------------------|
| Dec 2017 - Jan 2018 | 77,891 | \$ 287,947 |
| Dec 2018 - Jan 2019 | 48,732 | \$ 204,926 |
| Dec 2019 - Jan 2020 | 45,708 | \$ 204,878 |

Although for the most recent period, we have used about 40% less water than we did in the oldest period (when we were still in a drought), we are now paying only about 29% less, about a 21% net CCF increase over two years. This is much higher than the national average, because we live in a desert. **Over the past decade, annual water increases have averaged 5.5%**, per the US Bureau of Labor Statistics.

Water makes up a sizeable portion of United's yearly expenses. VMS is aggressively addressing the landscape issues, with updated watering schedules and monitors, as well as selectively planting drought-tolerant plants in many areas of the Village. As residents, we can help by being more aware of excessive toilet flushing, taking long showers, small laundry loads, etc., as well as already-forbidden practices like hosing down carports and sidewalks. Remember—just because you don't get a water bill doesn't mean that water is free, and it doesn't grow on trees.

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VMS Board of Directors

Wei-Ming Tao Chair Third, 2018-2021

Rosemarie diLorenzo First Vice Chair Third, 2019-2022

Diane Phelps Second Vice Chair GRF, 2019-2020

Stefanie Brown GRF, 2020-2021

Dick Rader United, 2017-2020

Cynthia Rupert United, 2019-2022

James Tung GRF, 2020

Raquel Unger Third, 2018-2020

MOVING FORWA TH A FOCUS

By Rosemarie diLorenzo, First Vice Chair

With constant updates regarding Orange County, California State and the country, VMS is constantly challenged to stay on plan or revisit plans, and remain focused on the safety of our residents and our employees.

We also want to focus on health, so we have many activities that are available in keeping with the governor's mandates.

The Great Outdoors

- In the past few months we have reopened golf, tennis, pickleball, paddle tennis, lawn bowling and Pools 2 and 5.
- We currently are looking at outdoor exercise classes and/or equipment that can be used out of doors.

The Great Indoors

- GRF, Third and United board meetings are televised.
- · Village Television has improved its offerings.
- · Classes are available online; visit bit.ly/2AQm3ps for more information regarding online recreation.
- Three different book clubs meet via Zoom; call 949-597-4274 or email lwvillagelibrary@yahoo.com for more information.

Looking Ahead

- The Maintenance and Construction Department has hired Robbi Doncost as the new manor alterations division manager. Mr. Doncost will oversee the Manor Alterations & Resales Division and will act as staff officer for the United and Third Architectural Control and Standards Committees.
- Maintenance and Construction is preparing in the event nonemergency requests and painting are cleared to restart.
- Resident Services is continually working to improve service to our residents.

Wouldn't it be wonderful if each of us set a goal of doing something good for another person every day? Be safe, everyone.

THE TOWERS





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THEN AND NOW

TELL TIME LIKE AN EGYPTIAN

Just inside Gate 5 and tucked behind Building 2037 is a concrete pillar with a strange curved apparatus on top. The object on the pedestal is a sundial, a device that tells the time of day when there is sunlight by the apparent position of the sun in the sky. It is a scaled-down version of the original constructed at the Riverside Library. Besides indicating the local standard time (not daylight savings time), it also indicates the day and month of the year, and the beginning of each season.

Because of these features, the sundial is actually a calendar and not just a clock. It never needs winding, it does not depend on electricity, and once it is set it never gains or loses.

The plaque on the front reads "Times Square - 1969." The surrounding residents named the piece because it was where they met and celebrated holidays. A transplanted New Yorker said it reminded her of home because Times Square is a place where people would meet, and thus the sundial was named.





The Laguna Woods History Center is a 501(c)(3) nonprofit and does not receive money from assessments. We are located next to the Library; our hours are weekdays from 10 a.m. to 1 p.m. and by appointment. Check out our website at lagunawoodshistory.org.



A shorter distance between you and exceptional care.

We're here with cancer treatment that's close to home.

It starts by shortening your commute to receive better care. Taking every precaution to keep you safe, now more than ever. Providing a multidisciplinary approach with leading oncologists, cancer surgeons and radiation oncologists. And connecting you with more guidance from your patient navigators, staff and support groups. Cancer won't wait. You shouldn't either. From life-saving screenings to exceptional care, don't delay. We're here for you.





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MemorialCare Medical Group – Laguna Woods 24268 El Toro Road, Laguna Woods, CA 92637 | (El Toro Road and Moulton Parkway)

MemorialCare Medical Group – Laguna Hills

26538 Moulton Parkway, Suite 38E, Laguna Hills, CA 92653 | (Moulton Parkway and La Paz Road)

Wave Imaging – Laguna Woods

24301 Paseo de Valencia, Suite 100, Laguna Woods, CA 92637 | (Paseo de Valencia and Calle de la Plata)

